



ADVENT CALENDAR 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>November 27</p> <p>The First Sunday of Advent Begin your Advent journey by blessing your Advent wreath. Light the first violet candle and sing "O Come, O Come, Emmanuel."</p>	<p>28</p> <p>What can you do this Advent to prepare your heart and life for the coming of Christ?</p>	<p>29</p> <p>"The salvation offered in the Life, Death, and Resurrection of Christ is nothing less than sharing in the very life of God, in the communion of love among the Father, the Son, and the Holy Spirit. There is no greater gift that God could possibly give us." <i>(The Mystery of the Eucharist in the Life of the Church, no. 9.)</i></p>	<p>30</p> <p>Saint Andrew, Apostle, spent his life bringing people to Christ. Follow his example by inviting someone to come to Mass with you.</p>	<p>December 1</p> <p>Today is World AIDS Day. Pray for those who suffer from this disease, their caregivers, and their healthcare workers.</p>	<p>2</p> <p>"Wait for the LORD with courage; be stouthearted, and wait for the LORD." —Psalm 27:14</p>	<p>3</p> <p>Saint Francis Xavier is a patron saint of missionaries. Spend some time today reflecting on how you can support the Church's mission by living as a missionary disciple.</p>
<p>4</p> <p>The Second Sunday of Advent On this Second Sunday of Advent, light two violet candles on your Advent wreath and ask God for the strength to be like John the Baptist, preparing the way of the Lord.</p>	<p>5</p> <p>"The grace of God, the gift freely given, ... inspires us to give thanks and worship him, works our transformation into the likeness of Christ, helps us to seek pardon and to receive it when we fall into sin, and impels us to go forth and bear witness to Christ in the world." <i>(The Mystery of the Eucharist in the Life of the Church, no. 29)</i></p>	<p>6</p> <p>Today is the Memorial of Saint Nicholas. Saint Nicholas of Myra (in modern-day Turkey) was noted for his generosity to the poor. Consider how you can offer your time, treasure, or talent to assist those in need this holiday season.</p>	<p>7</p> <p>"They that hope in the LORD will renew their strength, they will soar as with eagles' wings; They will run and not grow weary, walk and not grow faint." —Isaiah 40:31</p>	<p>8</p> <p>Today is the Solemnity of the Immaculate Conception, patroness of the United States of America. It is a holy day of obligation. After attending Mass, pray a decade of the Rosary for peace and justice.</p>	<p>9</p> <p>Today is the Memorial of Saint Juan Diego. Ask for his intercession for migrants and those suffering from human trafficking.</p>	<p>10</p> <p>In the busyness and noise of holiday preparations, it is easy to lose sight of the true meaning of Christmas, the birth of Christ. Spend some quiet time today, alone or as a family, giving thanks for God's great gift of a Savior.</p>
<p>11</p> <p>The Third Sunday of Advent Today is the Third Sunday of Advent, Gaudete Sunday. At this halfway point in Advent, light two violet and the rose candles on your Advent wreath and rejoice! For the Lord is near!</p>	<p>12</p> <p>Our Lady of Guadalupe appeared to Juan Diego wearing the traditional garb of a pregnant woman. On this her feast day, ask for her intercession for all unborn children and their parents.</p>	<p>13</p> <p>In gratitude for the gift of God's mercy, plan to receive the Sacrament of Penance before Christmas.</p>	<p>14</p> <p>"Having been sanctified by the gift of the Eucharist and filled with faith, hope, and charity, the faithful are called to respond to this gift. Indeed, it is only natural that we give thanks to the Lord for all that he has given to us." <i>The Mystery of the Eucharist in the Life of the Church, no. 30.</i></p>	<p>15</p> <p>According to custom, the Christmas tree is set up before Christmas and remains in place until the Solemnity of Epiphany. Share this blessing with your family and friends.</p>	<p>16</p> <p>Las Posadas, a reenactment of Mary and Joseph seeking shelter before the birth of Jesus, traditionally begins today. Pray for migrants seeking shelter around the world.</p>	<p>17</p> <p>Today marks the beginning of the "O Antiphons". This tradition, which comes from Evening Prayer, has been around since at least the eighth century.</p>
<p>18</p> <p>The Fourth Sunday of Advent On this Fourth Sunday of Advent, light all three violet and the rose candles on your Advent wreath and pray that the light of Christ will enter your heart so that you may share the warmth of God's love with those you meet.</p>	<p>19</p> <p>"The nativity scene is 'like a living Gospel' (<i>Apostolic Letter Admirabile Signum</i>, n. 1). It brings the Gospel to the places where people live: ... And in those places where we live, it reminds us of an essential thing: that God did not remain invisible in Heaven, but rather came to earth, became man, a child.</p>	<p>20</p> <p>We need to be conscious of the gift we have received, a gift that is none other than the Lord himself in his act of self-giving. We become conscious of this gift when we actively engage in every part of the liturgy. <i>The Mystery of the Eucharist in the Life of the Church, no. 31.</i></p>	<p>21</p> <p>"Blessed are you who believed that what was spoken to you by the Lord would be fulfilled." —Luke 1:45</p>	<p>22</p> <p>Spend a family evening eating cookies and drinking hot chocolate while you read the Christmas cards you have received. Before bed, pray an Our Father and a Hail Mary for all your beloved family and friends.</p>	<p>23</p> <p>Reach out to those in your community who may be alone this Christmas and invite them to Mass and to share part of your celebration.</p>	<p>24</p> <p>[Prayer] in adoration before the Blessed Sacrament... helps all of us to be formed by the self-giving love we behold in the Lord's gift of himself in the Eucharist. —<i>The Mystery of the Eucharist in the Life of the Church, no. 33</i></p>
<p>25</p> <p>"And the Word became flesh and made his dwelling among us, and we saw his glory." —John 1:14</p>	<p>Copyright © 2022, United States Conference of Catholic Bishops, Washington, DC. All rights reserved. Quote from Pope Francis, copyright © 2022, Libreria Editrice Vaticana, Vatican City State. All rights reserved. Quotes from the <i>Lectionary for Mass for Use in the Dioceses of the United States of America, second typical edition</i> © 2001, 1998, 1997, 1986, 1970 Confraternity of Christian Doctrine, Inc., Washington, DC. Used with permission. All rights reserved.</p>					

