

Fr. Romeo Evangelista Homily
Weekday Mass - Thursday, June 25, 2020
Cycle A

Travel convenience involves more than the speed set by the driver or pilot and more than the capacity of the vehicle used. The travel may be hastened or prolonged based on whether the travel is upstream or downstream, uphill or downhill, with headwind or with tailwind. Downstream, downhill, and tailwind mean harmony with movement, and therefore facilitation. On the other hand, to move uphill, to sail upstream, and to fly with a headwind means resistance and opposition.

The spiritual life is a journey. Swift growth comes when all forces move in one direction: the words and thoughts of our prayer, and the submission of our actions in accordance to the divine truth. Stunted growth happens when our prayers are but lip service that run contrary to what we do. What is needed is integration or oneness in mind, heart, and will.

There are four benefits of spiritual synchronization in our lives.

First is true peace and contentment. This is a natural fruit of honesty and sincerity of thoughts, words, and actions. We find nothing to justify – no reasoning out needed as we come before God and as we spend solitude with ourselves.

Second is edification of others. Our state affords us to be transparent and confident in teaching, preaching, and encouraging others toward the way of righteousness. Like the Apostle Paul, we can readily say to others: “Imitate me as I imitate Christ”.

Third is readiness for anything and everything because ours is a simple and uncomplicated life.

Fourth is general health. Much stress is generated by a duplicity in life. This leads to lack of sleep, escapism through some vices, anxiety, and so on.

Having a synchronized spiritual life, is like a wise man building his house on rock, it will not collapse because it sets on rock.