Gathering Song:  

Jesus Christ is ris’n today, Alleluia!  
Who endured the cross and grave, Alleluia!  
Our triumphant holy day, Alleluia!  
Sinners to redeem and save, Alleluia!  
Who did once upon the cross, Alleluia!  
But the pains which he endured, Alleluia!  
Suffer to redeem our loss, Alleluia!  
Our salvation have procured, Alleluia!  
Hymns of praise then let us sing, Alleluia!  
Now He rules eternal King, Alleluia!  
Unto Christ our heav’nly King, Alleluia!  
Where the angels ever sing, Alleluia!

First Reading - Acts 9:1-20

This man is a chosen instrument of mine to carry my name before the Gentiles.

A reading from the Acts of the Apostles

Saul, still breathing murderous threats against the disciples of the Lord,  
went to the high priest and asked him  
for letters to the synagogues in Damascus, that,  
if he should find any men or women who belonged to the Way,  
he might bring them back to Jerusalem in chains.

On his journey, as he was nearing Damascus,  
a light from the sky suddenly flashed around him.

He fell to the ground and heard a voice saying to him,  
“Saul, Saul, why are you persecuting me?”  
He said, “Who are you, sir?”  
The reply came, “I am Jesus, whom you are persecuting.  
Now get up and go into the city and you will be told what you must do.”  
The men who were traveling with him stood speechless,  
for they heard the voice but could see no one.

Saul got up from the ground,  
but when he opened his eyes he could see nothing;  
so they led him by the hand and brought him to Damascus.

For three days he was unable to see, and he neither ate nor drank.

There was a disciple in Damascus named Ananias,  
and the Lord said to him in a vision, “Ananias.”  
He answered, “Here I am, Lord.”  
The Lord said to him, “Get up and go to the street called Straight  
and ask at the house of Judas for a man from Tarsus named Saul.

He is there praying,  
and in a vision he has seen a man named Ananias
come in and lay his hands on him,
that he may regain his sight.”

But Ananias replied,
“Lord, I have heard from many sources about this man,
what evil things he has done to your holy ones in Jerusalem.
And here he has authority from the chief priests
to imprison all who call upon your name.”

But the Lord said to him,
“Go, for this man is a chosen instrument of mine
to carry my name before Gentiles, kings, and children of Israel,
and I will show him what he will have to suffer for my name.”

So Ananias went and entered the house;
laying his hands on him, he said,
“Saul, my brother, the Lord has sent me,
Jesus who appeared to you on the way by which you came,
that you may regain your sight and be filled with the Holy Spirit.”

Immediately things like scales fell from his eyes
and he regained his sight.

He got up and was baptized,
and when he had eaten, he recovered his strength.

He stayed some days with the disciples in Damascus,
and he began at once to proclaim Jesus in the synagogues,
that he is the Son of God.

The word of the Lord. – Thanks be to God.

**Responsorial Psalm:** Psalm 117:1bc, 2

Go out to all the world and tell the Good News.
Praise the LORD, all you nations;
glorify him, all you peoples!
For steadfast is his kindness toward us,
and the fidelity of the LORD endures forever.
Go out to all the world and tell the Good News.

**Gospel Acclamation** - John 6:56

R. Alleluia, alleluia, alleluia.

Whoever eats my Flesh and drinks my Blood,
remains in me and I in him, says the Lord.

R. Alleluia, alleluia, alleluia.
Gospel - John 6:52-59

My Flesh is true food, and my Blood is true drink.

A reading from the holy Gospel according to John
The Jews quarreled among themselves, saying,
“How can this man give us his Flesh to eat?”
Jesus said to them, “Amen, amen, I say to you,
unless you eat the Flesh of the Son of Man and drink his Blood,
you do not have life within you.
Whoever eats my Flesh and drinks my Blood has eternal life,
and I will raise him on the last day.
For my Flesh is true food, and my Blood is true drink.
Whoever eats my Flesh and drinks my Blood remains in me and I in him.
Just as the living Father sent me and I have life because of the Father,
so also the one who feeds on me will have life because of me.
This is the bread that came down from heaven.
Unlike your ancestors who ate and still died, whoever eats this bread will live forever.”
These things he said while teaching in the synagogue in Capernaum.
The Gospel of the Lord.

All: Praise to you, Lord Jesus Christ.

First Friday Holy Hour of Adoration of Jesus in the Blessed Sacrament
Exposition of the Blessed Sacrament

Hymn (Saint Thomas Aquinas, Institution of the Feast of Corpus Christi, 1264)

O Salutaris Hostia
Quae caeli pandis ostium:
Bella premunt hostilia,
Da robur, fer auxilium.
Uni trinoque Domino
Sit sempiterna gloria,
Qui vitam sine termino
Nobis donet in patria.
Amen.

O Saving Victim opening wide
The gate of heaven to all below.
Our foes press on from every side;
Your aid supply, Your strength bestow.
To Your great name be endless praise
Immortal Godhead, One in Three;
Oh, grant us endless length of days,
In our true native land with Thee.
Amen.

Prayer

Lord our God,
in this great sacrament we come into the presence of Jesus Christ, your Son,
born of the Virgin Mary and crucified for our salvation.
May we who declare our faith in this fountain of love and mercy
drink from it the water of everlasting life.
Through Christ our Lord. - All: Amen.
Silent Adoration

Hymn - Tantum Ergo  (Saint Thomas Aquinas, Feast of Corpus Christi, 1264)

Down in adoration falling,  To the everlasting Father,
This great Sacrament we hail;  And the Son who made us free,
Over ancient forms of worship,  And the Spirit, God proceeding
Newer rites of grace prevail;  From them each eternally,
Faith will tell us Christ is present,  Be salvation, honor, blessing,

Leader: You have given them bread from heaven,

All: Having all sweetness within it.

Leader: Let us pray.
O God, who in this wonderful Sacrament left us a memorial of your Passion:
grant us, we pray, so to revere the sacred mysteries of your Body and Blood,
that we may always experience in ourselves the fruits of your redemption.
You who live and reign forever and ever.

All: Amen.

Benediction  (Please kneel or stand for the blessing from Jesus in the Blessed Sacrament)

The Divine Praises - (repeat each line after Leader)

Blessed be God.
Blessed be His Holy Name.
Blessed be Jesus Christ, true God and true Man.
Blessed be the Name of Jesus.
Blessed be His Most Sacred Heart.
Blessed be His Most Precious Blood.
Blessed be Jesus in the Most Holy Sacrament of the Altar.
Blessed be the Holy Spirit, the Paraclete.
Blessed be the great Mother of God, Mary most Holy.
Blessed be her Holy and Immaculate Conception.
Blessed be her Glorious Assumption.
Blessed be the name of Mary, Virgin and Mother.
Blessed be St. Joseph, her most chaste spouse.
Blessed be God in His Angels and in His Saints. Amen.