

# RESURRECTION

## CATHOLIC COMMUNITY

Dedicated to Growth in Christ and to the Challenges of Loving Service

### OFFICE HOURS

**Monday—Thursday:** 8:30 am—12:30 pm;  
1:30—4:30 pm by appointment  
**Friday:** 8:30 am—12:30 pm

### LITURGY SCHEDULE

**Monday:** Morning Prayer on Demand via YouTube  
**Tuesday-Friday:** Mass 8:30 am  
**Friday:** Holy Hour 9:00—10:00 am  
**Saturday:** Mass 5:00 pm  
**Sunday:** Masses 8:15 am & 10:15 am  
(Sunday 10:15 am Mass live-streamed on Zoom & YouTube)

### SACRAMENTS

**Sacrament of Reconciliation:** By Appointment  
**Sacrament of Baptism:** Contact Deacon Patrick Conway to schedule a meeting and preparation classes.  
**Sacrament of Marriage:** Bride & Groom must begin premarital preparation 6 months prior to date. Contact the Parish Office.  
**Anointing of the Sick:** Contact the Parish Office to make an appointment

### OUR LADY OF MT. CARMEL CEMETERY

Located next to the church  
Contact Holy Cross Cemetery • 831-475-3222

### MAILING ADDRESS:

P.O. Box 87, Aptos, CA 95001-0087  
(Physical Address: 7600 Soquel Dr. Aptos)

**PHONE:** 831-688-4300 **FAX:** 831-688-6921

### PARISH EMAIL:

resurrectionparish@sbcglobal.net

**WEBSITE:** <https://resurrection-aptos.org>



### PARISH STAFF

**Pastor:** Rev. Romeo Evangelista  
reevangelista@att.net

**Pastoral Associate:**  
Deacon Patrick Conway  
pfconway@sbcglobal.net

**Administrative Manager:**  
Karen Victorino  
kmvictorino@sbcglobal.net

**Youth Minister:**  
Gabrielle “Gabe” Summers  
gb-summers@att.net

**Parish Secretary:**  
Jolene McFeely  
jamcfeely@sbcglobal.net

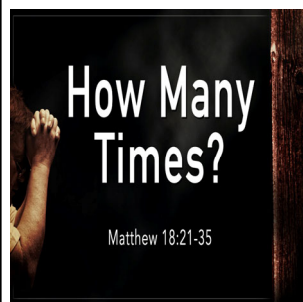
**Senior Resource Coordinator:**  
Erma Coty, RN • elcoty@att.net

**Maintenance:** Jose Rufino

**Custodian:** Leticia Enriquez

**W**elcome! Our warmest welcome to all who celebrate with us, whether long-time residents or newly arrived. If you are not registered, please fill out this form and place in the collection basket or mail to the parish office.

Name: \_\_\_\_\_ Address: \_\_\_\_\_  
City: \_\_\_\_\_ Zip: \_\_\_\_\_ Phone: \_\_\_\_\_ ☐ Mobile or ☐ Landline  
Email: \_\_\_\_\_ ☐ New Parishioner ☐ New Address ☐ New Phone Number  
☐ Moving—Remove from List ☐ Please send contribution envelopes ☐ I would like to sign up for Electronic Giving



## Welcome to Resurrection Catholic Community Twenty-Fourth Sunday in Ordinary Time September 17, 2023

*"...Lord, if my brother sins against me, how often must I forgive him? As many as seven times?" Jesus answered, "I say to you, not seven times but seventy-seven times."—Matthew 18:21-22*

### UPCOMING EVENTS

**CATHOLIC CHARITIES COLLECTION**—This weekend, September 16-17 our second collection will be for Catholic Charities. This collection provides help with rent, utilities, immigration services, and assists families with finding out if they qualify for CalFresh or Medi-Cal in the four Counties the Diocese of Monterey serves. Thank you for your support. To give directly to Catholic Charities go to <https://catholiccharitiesdom.org/> or you can drop your donation in the collection—be sure your check is made payable to Resurrection. We will send one check to Catholic Charities.



### LITURGY & SPIRITUALITY

#### **LITURGICAL MINISTERS NEEDED:**

#### **LECTORS, EUCHARISTIC MINISTERS & GREETERS**

*We especially need lectors for the 8:15 am mass.* Is God calling you to serve at mass in one of these ministries? If you have questions, want to find out more about the ministry, or to volunteer please contact Deacon Patrick at [pfconway@sbcglobal.net](mailto:pfconway@sbcglobal.net) or 831-840-3750. **We are in particular need of lectors at 8:15 am Sunday mass.**

#### **NEW ACOLYTES NEEDED!**

#### **CALLING ADULTS, YOUTH, & CHILDREN!**

Acolytes are essential members of our weekend liturgical team, and we need more of them! Is God calling you to serve him and our community at the altar as an acolyte? If you'd like to learn more about this wonderful ministry that brings you closer to God, please contact Deacon Patrick at 831-840-3750 or [pfconway@sbcglobal.net](mailto:pfconway@sbcglobal.net).

### Help Your Neighbors In Need

You can help hundreds of families and seniors without food, shelter and health care in Santa Cruz, Monterey, San Benito, and San Luis Obispo Counties with your donations.

Visit us online at:

[www.catholiccharitiesdom.org/donate-now](http://www.catholiccharitiesdom.org/donate-now)

or call (831) 393-3110 to find out more.



Catholic Charities  
Diocese of Monterey  
*Providing Help. Creating Hope. Serving All.*



### LIVE STREAM LITURGY SCHEDULE

- SUNDAY 10:15 AM MASS via Zoom:**  
<https://zoom.us/j/429472279> or open the Zoom app and join Meeting 429 472 279 or via our YouTube Channel.
- ALL MASSES, NIGHT PRAYER, & MONDAY MORNING PRAYER** are available On-Demand on our YouTube Channel and can be viewed or prayed at any time.
- You Tube:** [Resurrection Church, Aptos](#)

#### **DAILY READINGS:**

<https://bible.usccb.org/daily-bible-reading>

You can listen to or read the readings, watch a reflection video. You can also sign up to get the readings emailed to you every morning. There is also the option to read them in Spanish.



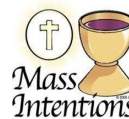
#### **THE MASS NEVER ENDS—IT MUST BE LIVED!**

We are invited to continue to reflect upon the Gospel reading (Matthew 18:21-35) and homily as we live out our Eucharist this week. Reflect upon it in your heart and mind, and discuss it with your family, friends and faith community members.

- What have been some of your struggles with forgiving others in your life?
- When you have been able to forgive others "from your heart," what enabled you to do so?
- How have you received forgiveness in your life?

#### **WOULD YOU LIKE A MASS OFFERED FOR A LOVED ONE?**

We are taking mass intention requests for daily masses and weekend masses. Please email Jolene at [jamcfeely@sbcglobal.net](mailto:jamcfeely@sbcglobal.net) and she will be happy to set up a date for you or come by the office during office hours. The donation per mass is \$10.00. You can mail in a check or pay with your credit card. Thank you!



#### **SATURDAY MORNING MEDITATION GROUP**

Anyone is welcome to attend the non-denominational mindfulness meditation group that meets each Saturday at 8:30AM in the Daily Mass Chapel. If you have thought about trying meditation, here is the opportunity you've been waiting for! People from several area congregations gather promptly at 8:30 AM each Saturday for a brief introduction to the meditation followed by 25 minutes of silent prayer. The session ends with a few words of "inspiration" for the week. There are no dues to pay nor tickets to buy—only peaceful silence to share. Please join us for a wonderful way to begin your Saturday with plenty of time left to get to Farmers' Market and to enjoy other weekend activities. For more information, contact Pat O'Brien (831) 566-8234. Blessings!

## Mass Intentions for September 16—24

### Saturday, 09/16

5:00 PM (RE) +Mary Boyce Anderson,  
+Jean & Vincent Rice,  
+Robert & Helen Nance

### Sunday, 09/17

8:15 AM (RE) +Julie Moriarty, +Clifford Rettig,  
+Timothy Williams

10:15 AM (RE)

The People of the Parish,  
+Ruby Maitoza, +Michelle Nadolski

### Monday, 09/18

On-demand

Morning Prayer (YouTube)

### Tuesday, 09/19

8:30 AM (DN) Soave Paolo (healing),  
+Jean & Vincent Rice

### Wednesday, 09/20

8:30 AM (RE) +Eileen Landacre,  
+Tom & Peggy Poindexter

### Thursday, 09/21

8:30 AM (RE) +Jean & Vincent Rice,  
+Conor Connolly,  
+Bud & Jean Kretschmer

### Friday, 09/22

8:30 AM (RE) +Lori Matusich, +Nancy Gahagan

### Saturday, 09/23

5:00 PM (RE) +Jean & Vincent Rice, +Shirley Fasth,  
Men & Women in the Armed Forces,  
those in harm's way and those  
wounded physically & spiritually

### Sunday, 09/24

8:15 AM (RE) The People of the Parish,  
+Carol Bonanno, +Michael Grillo

10:15 AM (RE)

+Joseph Dias, +Teresa Lynn Bonner,  
+Lesley Dennis

Celebrants: RE=Fr. Romeo Evangelista,  
DN=Fr. Dat Nguyen

## FAITH FORMATION



**REGISTRATION FOR K-5, FIRST EUCHARIST & CONFIRMATION HAS BEGUN!** Registration materials were emailed to everyone on our email list last week.

### K-5 FAITH FORMATION & FIRST EUCHARIST

In-person classes for K-5 begin on Thursday, September 21 from 3:45—5:00 PM. There is also a homeschool option. First Eucharist is open to children in Second Grade or older who have had a previous year of religious education. There will be an information meeting on Sunday, October 1st at 11:30 AM in the church for 1st Eucharist. Pre-registration is requested. For information please contact Deacon Patrick at 831-840-3750 or [pfconway@sbcglobal.net](mailto:pfconway@sbcglobal.net)

### MIDDLE SCHOOL (6-8th Grades)

In-person gatherings will be held on Sundays, starting October 1 from 11:30 AM—1:00 PM in Markey Community Center.

## IMPORTANT DATES:



- **Thursday, September 21** from 3:45—5:00 pm **Faith Formation for K-5 1st Meeting**
- **Thursday, September 21** at 7:30 pm via Zoom: **High School Confirmation (Year 1 & 2) Orientation Meeting** for Parents & Youth
- **Sunday, October 1** after 10:15 am mass **First Eucharist Parent/Child Meeting**
- **Sunday, October 1** at 11:30 am - 1:00 pm **1st Middle School Meeting** (grades 6-8)
- **Sunday, October 1** from 10:15 am mass —1:30 pm **First Confirmation 2nd Year Meeting** (grades 9-12)
- **Sunday, October 15** from 10:15 am mass —1:00 pm **First Confirmation 1st Year Meeting** (grades 9-12)

## IS GOD CALLING YOU TO BECOME A CATHOLIC?

If you'd like to explore this possibility, please contact Deacon Patrick at 831-840-3750 or [pfconway@sbcglobal.net](mailto:pfconway@sbcglobal.net)

## YOUTH MINISTRY

**HIGH SCHOOL CONFIRMATION (YEAR 1 & 2)  
PARENT/YOUTH ORIENTATION MEETING ON ZOOM:**  
Thursday, September 21 at 7:30 PM.

Zoom Log-in: [us02web.zoom.us/j/5471586562?](https://us02web.zoom.us/j/5471586562?pwd=K2paaGxIR2JCQVZseIVzUUxtNHU3Zz09)  
[pwd=K2paaGxIR2JCQVZseIVzUUxtNHU3Zz09](https://us02web.zoom.us/j/5471586562?pwd=K2paaGxIR2JCQVZseIVzUUxtNHU3Zz09)  
Meeting ID 547 158 6562

Contact Mrs. Gabe Summers at [gb-summers@att.net](mailto:gb-summers@att.net) or 831-688-4300 x22

## OUTREACH

**COMMUNION MINISTRY TO THE SICK & INFIRM:** Our ministries to those at home and in care residences have fully resumed! If you'd like to learn more about bringing Jesus in Communion to those in need, please contact Deacon Patrick at [pfconway@sbcglobal.net](mailto:pfconway@sbcglobal.net) or 831-840-3750. Communion is brought to the homebound on weekdays at your convenience, and communion services are celebrated at Aegis at 11:15 AM on Wednesdays. Training provided! Each volunteer serves once a month or so.

### CARE FOR OUR COMMON HOME

It has been eight years since Pope Francis published his ground-breaking encyclical *Laudato Si – On Care for Our Common Home* (and he's working on a update of it). In it he laid out the moral imperative for all Catholics and for all of humanity to make changes in our lives to lessen the effects of our behavior on climate change, for the sake of the vulnerable now, and for the sake of generations to come. We can all be more conscious of how our individual, daily choices either increase greenhouse gases or reduce them. This can all seem overwhelming and hope-



## PART TIME PAID MINISTRY POSITION

### Resurrection Church is seeking a **SENIOR RESOURCE COORDINATOR**

- Part-time paid position (8 hours per week) to work with our senior parish members & families to provide information, referrals & support.
- This person will also train volunteers for this ministry.
- All qualified applicants will be considered.
- Applicants should have a certificate, Bachelor's or Master's degree in an age-related field (i.e. Gerontology, social work, health science).
- To apply please submit a resume to the parish office at [kmvictorino@sbcglobal.net](mailto:kmvictorino@sbcglobal.net), or mail it to Resurrection Church, Attn: Job Position, PO Box 87, Aptos, CA 95001.
- A job description is available on our website at <https://resurrection-aptos.org>, Resource Center, Other, as Senior Resource Coordinator Job Description.
- Salary Range: \$28.00—\$32.00 per hour



less at times. What difference can I make? We need to work together to educate and encourage one another in the moral imperative to change our ways. Our longtime friends at Temple Beth El and other local faith communities have invited us to join with them in this work. As we have seen in our other collaborations with faith communities (AFC, COPA, Mid-County Homeless Coalition), when we join together with other people of faith and good will, good things happen!

We have a Zoom meeting on the third Wednesday of each month at 7:00 PM (next meeting September 20th) and discuss how we can work together to make better choices and to advocate for better policies and practices in our region. For the meeting link or for more information contact Deacon Patrick at [pfconway@sbcglobal.net](mailto:pfconway@sbcglobal.net)

## ANNOUNCEMENTS

**REMINDER:** If you still have an outstanding Annual Ministries Appeal (AMA) pledge...the pledge period ends December 31. Please be sure to pay off your pledge by that time. Thank you so much for your generosity!

**RESURRECTION WOMEN'S GUILD MEETING, Monday, September 18<sup>th</sup>.** Summer is over and the Women's Guild is back! You are cordially invited to the first meeting of the Resurrection Women's Guild which will be held on Monday, September 18<sup>th</sup> at 1:00 PM in Markey Center. We invite all women to join us for the enjoyable launch of a grace-filled year. For further information, you may call An-nemarie Tomafsky at 215-264-7251.



**PLEASE SUPPORT OUR BULLETIN ADVERTISERS!** This week we are giving a shout out to: Hanover Guest Home, PTB Services, Fehr Engineering. See the attached advertising page for all our advertisers. We are grateful for our advertisers continued support of the parish.

## ITALIAN CATHOLIC FEDERATION BRANCH 227 APTOS FUNDRAISER, Saturday, September 23, Resur-



### Spaghetti Dinner

rection Church Hall, 7600 Soquel Drive, Aptos. "To Go" dinner pick up from 5:00 PM to 6:00 PM. "Sit Down" dinner from 6:00 PM to 8:00 PM. Menu: Spaghetti and Meatballs, Salad, Garlic Bread, Dessert, Drinks will be sold separately. Cost is \$20.00. Children 12 & under \$10.00. Raffle Prizes. **Reservations due by Sep-**

**tember 18.** Let us know how many are coming and if you would like "to go" or "sit down". Email [Jkotila2@gmail.com](mailto:Jkotila2@gmail.com) or call Jane Kotila at 831-359-9479. A portion of the proceeds will benefit ICF local charities and Resurrection Church Hall Remodel.

**PRC WALK/5K RUN—Saturday, September 30.** This walk/run benefits the Pregnancy Resource Center (PRC). They serve women, babies, youth & families in Santa Cruz County. The race will be at the Shrine of St. Joseph at 544 West Cliff Dr, Santa Cruz. For more information & to register go to [www.prcwalk.org](http://www.prcwalk.org) or call 831-475-9255.



## GUADALUPE PREGNANCY OUTREACH BANQUET:



The Guadalupe Pregnancy Outreach invites you to their banquet on Wednesday, October 18 at 6:00 PM. The event will begin with dinner and special guest speaker, Dr. Delgado speaking on the Abortion Pill Reversal treatment, a second chance at life. This event is completely FREE, but those interested must RSVP at [gpocares.org/events](http://gpocares.org/events) or call (831)206-8539 for more information.

# The Lord is Kind & Merciful -Psalm 103



## LEGION OF MARY AUXILIARY FUNCTION

All Auxiliary Members from the Mother of the Redeemer, are invited to join us for our annual Auxiliary Gathering in Thanksgiving for your Prayers and Membership on Saturday, October 7, Shrine of St. Joseph Guardian of the Redeemer, Santa Cruz.

An 11:00 AM Mass & Legion Prayers with lunch to follow in the Shrine Hall. Please RSVP or 831-331-6159 or 408-691-8333 (call or text) or email [ellie@powersohana.com](mailto:ellie@powersohana.com)

<b>Stewardship of Treasure</b> <b>PLATE COLLECTION</b> <b>September 9 &amp; 10, 2023</b>	
<b>Weekly Plate Collection:</b> • All Masses/Mailed In • Electronic • Total	<b>\$4,274.45</b> <b>\$2,460.00</b> <b>\$6,734.45</b>
<b>Weekly Plate Collection Need (Budget)</b>	<b>\$11,950.00</b>
<b>Plate Collection Average Fiscal YTD</b>	<b>\$9,885.00</b>

### THANK YOU FOR YOUR FAITHFUL SUPPORT!



Your donation can be mailed to the parish office at  
P.O. Box 87, Aptos, CA 95001-0087  
or securely via our website  
<https://resurrection-aptos.org>, click on "Donate Now"  
or click on the QR Code to the left.  
Thank you!!!

### WHAT'S HAPPENING THIS WEEK:

#### Monday, 9/18

- 1:00 PM—3:00 PM Women's Guild Meeting (hall)
- 5:00 PM Handbell Rehearsal (CCR)
- 6:45 PM—9:00 PM Scouts BSA Troop #609/#2609 (hall)



#### Tuesday, 9/19

- 10:00 AM—12:00 PM Gardening (outside)
- 3:00 PM Shower the People! (parking lot)
- 5:00 PM Faith Community Shelter (MCC)
- 7:00 PM—8:00 PM Catholic Information Nights (DMC)

#### Wednesday, 9/20

- 9:00 AM—12:30 PM Welcoming Network Food Distribution (hall)
- 6:30 PM—8:30 PM COPA Meeting (hall)

#### Thursday, 9/21

- 9:30 AM—10:30 AM Staff Meeting (lounge)
- 11:30 AM—12:15 PM Seated Tai Chi (hall)
- 1:00 PM—1:45 PM Standing Tai Chi (hall)
- 3:45 PM—5:00 PM K-5 Kath Formation (MCC & YC)
- 7:30 PM—8:00 PM Confirmation Year 1 & 2 Orientation Meeting for Parents & Youth (via zoom)

#### Friday, 9/22

- 9:00 AM—10:00 AM Holy Hour (DMC)
- 5:00 PM—6:00 PM Zaragoza/Estes Wedding Rehearsal (church)

#### Saturday, 9/23

- 8:30 AM—9:00 AM Meditation Group (DMC)
- 10:00 AM—10:30 AM Leggett Baptism (church)
- 11:30 AM Shower the People! (parking lot)
- 1:00 PM—2:00 PM Zaragoza/Estes Wedding (church)
- 5:00 PM—9:00 PM ICF Spaghetti Dinner (hall)



### PLEASE PRAY for ALL THOSE in NEED OF HEALING



Marlene Avona	Alicia Enriquez	Judy Navarro
Cross/Boettcher/	Irma Enriquez	Olivia
Burghart families	Terry Erwin	Leo Olson
Lorenzo Abeyta	Dee Feci	Teresa Orosco
Gregory Ackerson	Trent Feliss	Connor Paulbitski
Marc Adato	Greg Finegan	Dave Peasley
Javier Anaya	Mark Emmet Fisher	Anita Perry
Baby Luke	Tony Fusini	Pauline Persley
Debi B.	Andre Grier	Gabe Ponce
Becki Bailey	Lita Hebert	Oliver Potts
Emi Baldenegro	Kelly Jo Hebert	Heidi R. & Family
Adeline Bautista	Robert Higgins	Pablo R.
Maria Bernstein-	Debra Hightower	Chris Randolph
Brumbaugh	Bea Holmes	Dawn Renz
Jeraldine Boger	Rick Housouer	Mary Repetti
Vera Borroel	Barbara Howley	Josie Bua Rhea
Dita Bou-Sleiman	Patrick Howley	Suzette & Soraya
Tracy Boyd	Linda Hreno	Rios
Judy Boylan	Allan Hughes	Joel Rivera
Rick Braun	Jim Jackson	Chellie Roberts
Joe Brechel	Francisco Jimenez	Suzie Roberts
Michelle Brown	Johnathan	Jose Rufino
Betsy Burrows	Ariel Johnson	Valerie Ruschke
Wren Buse	John Jones	Steve Scagliotti
Carlos C.	Monika Jones	John Sargetis
Mary Beth C.C. &	Tracy Jones	Joseph Saucier
Family	D.B.K.	Anna Seely
Tony Cacache	Margaret Kain	Kim Sessa
Dante Calcagno	Geri Karleen	Kelly Scott
Ardith Campbell	Dylan Kinion	Therese Skrenes
Delores Carano	Kathy Klapheke	Alisha Smith
Marion Cernac	Mary Klaus	William Smith
Lucy Chacon	Joshua Kobinski	Diane Spoto
Chelsea & Family	Marion Kusanovich	Henry Sprenger
Mary Church	Michael Lafilin	Bob Stegner
Libby Conway	Matt Lane	Greg Stewart
John Conway	Clara Lauck	Donald Tavares
Tom Conway	Sophia Lauwers	Sharon Turner
Trish Cronin	Joan Lawlor	Amy V.F.
Ralph Cross	Eric Lee	Mark Vaught
Edith Cuevas	Carrie Levin	Vlad
Joe D'Angelo	Franklyn Lopes, Sr.	Lawrence W.
Frank Dallman	Donald Lowery	Franco Walsh
Sharon Dallman	Matthew Ludlow	Megan Walsh
Nancy Daves	Danny Lucas	Michael G. Walsh
Larry Davis	Rob Mallard	Stephanie Walsh
Carrie deHart	Ruthie Mallard	Maureen Wright
Tavish deHart	Stacy Mariani	Patrick Wright
Lynnette Delgadello	Jackie McDow	Tannis Welch
Nicole Dennis	Graham McFeely	Thom Windsor
Ralph Desmond	Connie McGill-Fergus	Maggie Young
Mary Donatoni	John McLeod	Jianzhe Yu
Sharon Dougan	Mary McMenamy	Rosemary Zamora
Mark Duggan	Elaine McMenamy	Lanxiang Zhen
Robert Duggan	Emilio Escoto	
Wyatt Duino	Montagna	
Dr. Bruce Dunn	George Mungai	
Pat Emard	Marie Mungai	
Sophia Emmons	Joleen Munoz	
Peter Empson		

Please let the office know when a name can be removed from this prayer list. Thank you.

**PRAYER LINE:** If someone you know is in need of prayer, please call Rosalie Flores-Aguon (831-359-9799) or email [resurrection.aptos.prayerline@gmail.com](mailto:resurrection.aptos.prayerline@gmail.com)

## THIS IS THE LAST WEEK OF SUMMER.

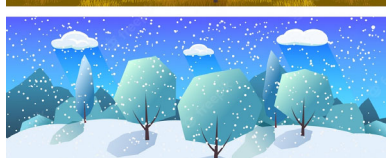
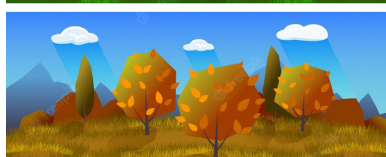
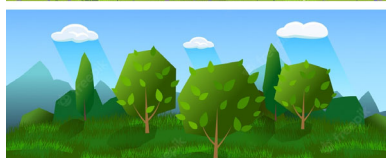
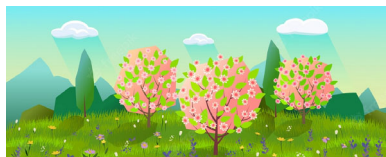
It is hard to believe that summer has passed and autumn seems to have slipped in without anyone noticing. Except, of course, for teachers and students who are already longing for the first school holiday.

We don't mark the change of seasons with resolutions as we celebrate the autumn equinox. In fact, we usually don't even notice the transition until we are forced to wear a sweater to ward off the early morning chill.

We could, however, mark the change of seasons (in this case the passing of the summer of 2023) by reflecting on the past

months. We can take the opportunity to enjoy again to enjoy the good memories of summer and to forgive ourselves for those moments that we wish had done things differently.

Autumn is not just a time when our gardens begin to fade away and the leaves fall from the trees. It is also the time when we enjoy the harvest, the fruit of our labor. It is the time we prepare for cooler days. A time of shorter days and early sunsets. We can welcome each new season with grateful awareness of the chance for a new beginning.



## UPCOMING MUSIC EVENTS

### Santa Cruz Symphony:

Echos of Empire  
Strauss: Till Eulenspiegel  
Hristo Yotsov: Drumset Concerto  
Respighi: Pines of Rome



Saturday, September 23 at 7:30 pm—Civic Auditorium, Santa Cruz  
Sunday, September 24 at 2:00 pm—Henry J. Mello Center, Watsonville

<https://santacruzsymphony.org/concerts-events>

## TAI CHI CLASSES—SEATED & STANDING

### Markey Community Center



**SEATED Tai Chi Thursdays**  
11:30 AM— 12:15 PM



**STANDING Tai Chi Thursdays**  
1:00 PM— 1:45 PM

Certified Instructor Pam Mensah invites you to come learn an easy, fun, and gentle form of tai chi. Tai Chi for Arthritis Program improves flexibility, muscular strength, balance, and fitness. Donations are welcome.

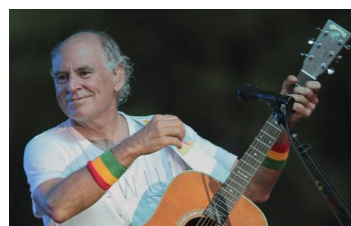
- **All participants must be vaccinated unless medically contraindicated. Masks are required for all as the class will be held indoors in Markey Center.**
- The class is free to all members of Resurrection. Participants are asked to wear loose, comfortable clothing and well-fitted shoes. **Please contact your physician FIRST, if you are unsure if you are medically able to take this class.**

Pam: [pamluvschi@gmail.com](mailto:pamluvschi@gmail.com) or for more information about Tai Chi for Arthritis Program: <https://taichiforhealthinstitute.org/>

## A REFLECTION ON SPIRITUALITY

### from the National Catholic Reporter

<https://www.ncronline.org/culture/oft-missed-catholicism-jimmy-buffetts-music>



## NUTRITION TIPS

One of things I have noticed as I have gotten older is a decrease in appetite. Of course it is not accompanied by appropriate weight loss, but that is another problem all together. Getting proper nutrition, especially protein and vegetables, can be difficult. I think this is especially true for proteins. So, the following article was especially helpful. It lists high protein plant based foods. I found there are many deli soups and salads that are available at my local grocery store that I can turn to for a high protein meal or snack.



<https://www.health.com/high-protein-vegetables-7551191>  
[https://www.medscape.com/viewarticle/979992?ecd=mkm\\_ret\\_230828\\_mscpmrk\\_endo\\_pb\\_dietsrm\\_etid](https://www.medscape.com/viewarticle/979992?ecd=mkm_ret_230828_mscpmrk_endo_pb_dietsrm_etid)





## \$10,000 RAFFLE IS COMING SOON!

As of September 11 we have sold  
**184 tickets!**

Thank you so much for your support!

Our goal is to sell 405 tickets.

- Our **annual \$10,000 Raffle Drawing** will be held on **Sunday, November 5.**
- All registered parishioners were mailed one raffle ticket.
- We will be having an **Early Bird Drawing for \$500.00** in cash on Sunday, October 8.
- Tickets are \$100.00 each.
- The raffle benefits our parish & our ministries.

### How Can you Help?

1. **Purchase a raffle ticket** (or several). Tickets can be paid via cash, check, or credit card. You will need to call the office if you'd like to purchase tickets with your credit card or fill out the form on the back of the letter.
  2. **Donate a new raffle prize.** This could be something as simple as a cash prize in memory or honor of a loved one, gift cards to your favorite restaurant or store, gift baskets, entertainment items (movie tickets, round of golf, etc.), something that you would be happy receiving. (New items only)
  3. **Pray for the success of this endeavor.** This raffle is our major fundraiser for the year which supports the parish and all of our ministries.
  4. At this time we are not selling tickets after mass so we have provided a mail back envelope in the letter for your convenience. You can mail it back, drop it in the collection or drop it by the office during office hours.
- **Questions?** Contact Karen Victorino, 831-688-4300 x10, or [kmvictorino@sbcglobal.net](mailto:kmvictorino@sbcglobal.net)

### Raffle Prizes to date:

- ♦ **Gift Cards:** Erik's Deli, Shadowbrook, Manuel's Mexican Restaurant, Gayle's Bakery & Rosticceria, Bookshop Santa Cruz, Fandango, Persephone, Trader Joe's, Deluxe Foods, Aldo's Harbor Restaurant, Safeway, Applebee's, McDonald's, Beck's Shoes
- ♦ Soquel Vineyards—12 reserve wine tastings
- ♦ 2 Wire Sculpture - Tree & Bird
- ♦ Basket of Homemade Jams
- ♦ 14K gold Mary Medallion Pendant
- ♦ \$150 Cash Prize in Memory of Todd Schouten
- ♦ \$150 Cash Prize in Memory of Tim Freitas
- ♦ Wine!
- ♦ Bargetto Vineyards—La Vita Wine
- ♦ Preece Family Vineyards—2022 Chardonnay
- ♦ Golf bag, club, shoes & clothing
- ♦ Blessed Statue of Pope John Paul II at the Wailing Wall
- ♦ Crab Dinner for 8 People
- ♦ Starbuck's 24 oz cold cup & 1 lb. Siren's Blend Coffee
- ♦ Ninja Professional Blender 1000
- ♦ Med Center Monthly Pill Organizer & Med Center Talking Alarm Clock & Medication Reminder
- ♦ 8 Piece Photo Frames Set
- ♦ Annieglass Platters
- ♦ Bargetto Wine
- ♦ Mosaic Stepping Stone— "Bee-utiful"
- ♦ Drinking with the Saints Books by Michael P. Foley

# THE IMPACT OF YOUR GENEROSITY

Mid Year Report December 1, 2022 to May 31, 2023

# 15,000+

People served across  
4 counties; Monterey,  
San Benito, San Luis  
Obispo and Santa Cruz.

## DISASTER RELIEF SERVICES

# 5,140

Families impacted by the storm received information and guidance for long-term recovery.

# 90

Families are receiving long-term assistance through disaster case management.

# 152

Families enrolled in disaster food assistance.

# 575

Families affected by the storms received direct financial aid.



*“Catholic Charities has been such a blessing. The Disaster Relief assistance has proven to be critical... a much-needed boost of hope.”*

Disaster Case Management Client

## IMMIGRATION & CITIZENSHIP SERVICES



# 31

Residents received various asylum and refugee services.

# 40

People received assistance with U.S. Citizenship and Naturalization services.



# 360

Individuals received immigration legal assistance.

## FAMILY SUPPORTIVE SERVICES



# 2,277

People connected with resources for economic stability.

# 5,379

Children & adults participated in nutrition education sessions.

# 99

People received assistance enrolling in healthcare insurance.



# 193

People avoided homelessness and remained housed.

## TATTOO REMOVAL SERVICES

# 345

Individuals received tattoo removal services for emotional healing and economic opportunity.



# EL IMPACTO DE TU GENEROSIDAD

De mitad de año 1 de diciembre de 2022 al 31 de mayo de 2023

# 15,000+

Personas sirvieron en  
4 condados: Monterey,  
San Benito, San Luis  
Obispo y Santa Cruz.

## AYUDA POR DESASTRES

# 5,140

Familias afectadas por las tormentas  
recibieron información y orientación para  
la recuperación a largo plazo.

# 90

Familias están  
recibiendo asistencia  
a largo plazo a través  
de la gestión de  
casos de desastre.

# 152

Familias inscritas  
en asistencia  
alimentaria por  
desastre.



# 575

Familias afectadas  
por las tormentas  
recibieron ayuda  
económica.

*“Caridades Católicas ha sido una gran bendición. La asistencia de socorro en casos de desastre ha demostrado ser fundamental... un impulso de esperanza muy necesario.”*

Cliente de gestión de casos de desastres

## SERVICIOS DE INMIGRACIÓN Y CIUDADANÍA



# 40

Personas recibieron  
asistencia con los  
servicios de ciudadanía  
y naturalización de  
EE. UU.

# 31

Residentes  
recibieron varios  
servicios de asilo  
y refugiados.



# 360

Personas obtuvieron  
orientación sobre  
inmigración legal.

## SERVICIOS DE APOYO



# 5,379

Niños y adultos  
participaron  
en sesiones de  
educación nutricional.

# 2,277

Gente conectado con recursos para la  
estabilidad económica.



# 193

Personas  
recibieron  
asistencia para  
inscribirse en un  
seguro de salud.

Personas evitaron  
el desalojo y  
permanecieron en  
su vivienda.

## ELIMINACIÓN DE TATUAJES

# 345

Personas recibieron eliminación de tatuajes para la  
sanación emocional y mejor oportunidades económicas.

Ann Fitts 818-1417  
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IN SANTA CRUZ  
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• Foster friendship among our members  
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**WELCOME**  
to  
**Resurrection  
Catholic Community**

Established in 1966 as a mission of  
St. Joseph's of Capitola, Resurrection  
officially became its own parish in the  
Diocese of Monterey in 1968.

Resurrection serves over 1000 families  
in the greater Aptos area and hosts many  
Catholic families who visit the beaches  
and resort areas of the county.

We strive to be a community of faith  
where all are welcomed, nourished, and  
empowered to be Christ for others.



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