

## FIFTH SUNDAY OF LENT

March 17, 2024

**GATHERING:**     *We focus our attention on the cross of Jesus Christ*

**PENITENTIAL ACT:**     *Kyrie eleison, Christe eleison, Kyrie eleison.*

**LITURGY OF THE WORD** see [Readings](#)

**Responsorial Psalm 130:** *With the Lord there is mercy, and fullness of redemption!*

**Gospel Refrain:**     *I am the Resurrection, I am the Life!*  
                              *All who believe in me shall live!*

### **The Third Scrutiny:**

*After homily, Fr. Romeo introduces the scrutiny.*

On this Fifth Sunday of Lent, we join with our RCIA elect in taking a closer look at ourselves. Let us pray silently for a moment, that all of us will be given a sense of sin, a spirit of repentance, and true freedom as children of God.

I now invite our elect to come forward with their sponsors.

Let us pray for these elect whom God has chosen. May the grace of the sacraments conform them to Christ in his passion and resurrection and enable them to triumph over the bitter fate of death.

Let us all ask ourselves:

- What are the things that keep us entombed?

*Silent reflection (followed by sung refrain)*

- How can we remove one another's bandages and bring one another into the light of day?

*Silent reflection (followed by sung refrain)*

- What is Jesus trying to say to us as we move from bondage to resurrection?

*Silent reflection (followed by sung refrain)*

### **Exorcism**

God of life and of the living, you sent your Son to proclaim life,  
to snatch us from the realm of death,  
and to lead us to the resurrection.

Free these elect and candidates, and all your people  
from the death-dealing power of the spirit of evil,  
so that they may bear witness to their new life in the risen Christ,  
for he lives and reigns for ever and ever.

Amen.

### **Laying of Hands on the Elect**

Let us pray:  
Christ Jesus,  
there are so many things that break us down,  
where hope seems lost, and survival seems at its end.

Come now, and rise in us today.  
Come now, and help us to be a part of your resurrection song.  
Come now, and rescue us once and for all  
Amen.

**Prayer of the Faithful:** *You may un-mute and share your prayers.*

## **LITURGY OF THE EUCHARIST**

**Preparation of the Gifts:**      *On Eagles Wings*

1. You who dwell in the shelter of the Lord, who abide in his shadow for life,  
say to the Lord: 'My refuge, my rock in whom I trust!'

*Refrain:* And he will raise you up on eagle's wings, bear you on the breath of dawn,  
make you to shine like the sun, and hold you in the palm of his hand.

2. The snare of the fowler will never capture you, and famine will bring you no fear:  
under his wings your refuge, his faithfulness your shield.
3. You need not fear the terror of the night, nor the arrow that flies by day;  
though thousands fall about you, near you it shall not come.
4. For to his angels he's given a command to guard you in all of your ways;  
upon their hands they will bear you up, lest you dash your foot against a stone.

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### **Spiritual Communion Prayer**

Jesus, I believe that You are present in the Most Holy Sacrament.

I love You above all things,  
and I desire to receive You into my soul.

Since I cannot at this moment receive You sacramentally,  
come at least spiritually into my heart.

I embrace You as if You were already there  
and unite myself wholly to You.

Never permit me to be separated from You.

Amen.

**Communion Song:**                      *I Am the Bread of Life*

1. I am the Bread of life, you who come to me shall not hunger,  
and who believe in me shall not thirst.  
No one can come to me unless the Father beckons.  
*Refrain:* And I will raise you up, and I will raise you up,  
and I will raise you up on the last day.
2. I am the Resurrection, I am the Life.  
If you believe in me, even though you die, you shall live forever.
3. Unless you eat of the flesh of the Son of Man  
and drink of his blood, and drink of his blood, you shall not have life within you.
4. Yes, Lord, I believe that you are the Christ, the Son of God,  
Who has come into the world.

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**Sending Forth Song:**                      *I Know That My Redeemer Lives*

I know that my redeemer lives: on the last day I shall rise again,  
And in my flesh I shall see God. On the last day I shall rise again!

1. I shall see my Savior's face, and my own eyes shall behold my God.  
On the last day I shall rise again!
2. Within my heart this hope I hold; that in my flesh I shall see my God.  
On the last day I shall rise again!

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