

Fr. Romeo Evangelista Homily
Sunday, May 26, 2024
Trinity Sunday
Cycle B

Trinity is often treated as a philosophical or a mathematical problem. How can there be three Persons in one God? Many wise people have tried to give an exact explanation on how the Trinity can be understood. Though we cannot discount these attempts, we must first remember that the Trinity is, first and foremost, a mystery. In Greek, a mystery is something that is hidden from ordinary mortals. This is why our limited mind cannot fathom the totality or immensity of the being of God. However, a mystery also means a “sign” that points to that hidden reality. Yes, we cannot grasp the totality of God, but we can know Him because He reveals Himself to us. The Father reveals Himself as the loving God, the Beloved Son who offered His life for our salvation, and the Holy Spirit, Love Himself, who dwells within us. God reveals Himself as the Trinity through the love that exists in the three Divine Persons.

The way to understand the Trinity is to go back to our first experience of the mystery – when we were baptized. We received the sacrament when the name of the Divine Persons was invoked while water was poured on our heads. In this simple gesture, God’s love started reigning in us. He freed us from our sinfulness and made us His children. It also incorporated us into the Church, where God’s love inhabits. It sealed us with an indelible mark that our soul bears from baptism until eternal life. We can understand the Trinity when we live the life that gives us life.

At the moment, let us not preoccupy ourselves with how we can give the perfect solution to the mystery. This will be given to us when we already reach heaven, when our eyes gaze on the Trinity together with the Heavenly Host. We must now strive to daily live

the mystery of the Trinity. Remember, God dwells in us. “And also remember, the truth that once was spoken: ‘to love another person is to see the face of God’.

So, every time we show and express our love to others in need we live the mystery of the Trinity. Every time you showed your support to our parish community, the time you step up when someone is in need, the time when you care to those who are suffering, the mystery of the Trinity is alive. Because the Trinity is a mystery of love.