

RESURRECTION

CATHOLIC COMMUNITY

Dedicated to Growth in Christ and to the Challenges of Loving Service

OFFICE HOURS

Monday—Thursday: 8:30 am—12:30 pm;
1:30—4:30 pm by appointment
Friday: 8:30 am—12:30 pm

LITURGY SCHEDULE

Monday: Morning Prayer on Demand via YouTube
Tuesday-Friday: Mass 8:30 am
Friday: Holy Hour 9:00—10:00 am
Saturday: Mass 5:00 pm
Sunday: Masses 8:15 am & 10:15 am
(Sunday 10:15 am Mass live-streamed on Zoom & YouTube)

SACRAMENTS

Sacrament of Reconciliation: By Appointment
Sacrament of Baptism: Contact Deacon Patrick Conway to schedule a meeting and preparation classes.
Sacrament of Marriage: Bride & Groom must begin premarital preparation 6 months prior to date. Contact the Parish Office.
Anointing of the Sick: Contact the Parish Office to make an appointment

RESURRECTION PRAYER LINE

prayerline@resaptos.org

OUR LADY OF MT. CARMEL CEMETERY

Located next to the church
Contact Holy Cross Cemetery • 831-475-3222

MAILING ADDRESS:

P.O. Box 87, Aptos, CA 95001-0087
(Physical Address: 7600 Soquel Dr. Aptos)

PHONE: 831-688-4300

PARISH EMAIL:

resurrection@resaptos.org

WEBSITE: <https://resurrection-aptos.org>



PARISH STAFF

Pastor: Rev. Romeo Evangelista
rfromeo@resaptos.org

Pastoral Associate:
Deacon Patrick Conway
dcnpatrick@resaptos.org

Administrative Manager:
Karen Victorino
karen@resaptos.org

Youth Minister:
Gabrielle “Gabe” Summers
gabrielle@resaptos.org

Parish Secretary:
Jolene McFeely
jolene@resaptos.org

Volunteer Senior Resource Coordinator:
Rita Marseille
rita@resaptos.org

Maintenance: Jose Rufino

Custodian: Leticia Enriquez

Welcome! Our warmest welcome to all who celebrate with us, whether long-time residents or newly arrived. If you are not registered, please fill out this form and place in the collection basket or mail to the parish office.

Name: _____ Address: _____
City: _____ Zip: _____ Phone: _____ ☐ Mobile or ☐ Landline
Email: _____ ☐ New Parishioner ☐ New Address ☐ New Phone Number
☐ Moving—Remove from List ☐ Please send contribution envelopes ☐ I would like to sign up for Electronic Giving



Welcome to Resurrection Catholic Community

Fifth Sunday of Easter

May 18, 2025

"Love one another as I have loved you"
— John 13:34

UPCOMING EVENTS

SECOND COLLECTION: This weekend, May 17 & 18 for Diocesan Seminarians & the Continued Education of Priests. This collection supports the education of seminarians preparing for the priesthood in the Diocese of Monterey, offers continuing education opportunities for our priests and supports the formation program for deacons. Thank you for your support.



LITURGY & SPIRITUALITY

LITURGICAL MINISTERS NEEDED:

LECTORS, EUCHARISTIC MINISTERS & GREETERS

Is God calling you to serve at mass in one of these ministries? If you have questions, want to find out more about the ministry, or to volunteer please contact Deacon Patrick at dcnpatrick@resaptos.org or 831-840-3750.

LIVE STREAM LITURGY SCHEDULE

- **SUNDAY 10:15 AM MASS via Zoom:**
<https://zoom.us/j/429472279> or open the Zoom app and join Meeting 429 472 279 or via our YouTube Channel.
- **SUNDAY MASS, NIGHT PRAYER, & MONDAY MORNING PRAYER** are available On-Demand on our YouTube Channel and can be viewed or prayed at any time.
- **You Tube:** [Resurrection Church, Aptos](https://www.youtube.com/channel/UCqj8K8K8K8K8K8K8K8K8K8K)

SATURDAY MORNING MEDITATION GROUP

Everyone is welcome to attend the non-denominational mindfulness meditation group that meets each Saturday at 8:30 AM in the Daily Mass Chapel. If you have thought about trying meditation, here is the opportunity you've been waiting for!. People from several area congregations gather promptly at 8:30 AM each Saturday for a brief introduction to the meditation followed by 25 minutes of silent prayer. The session ends with a few words of "inspiration" for the week. There are no dues to pay nor tickets to buy—only peaceful silence to share. Please join us for a wonderful way to begin your Saturday with plenty of time left to enjoy other weekend activities. For more information, contact Pat O'Brien (831) 566-8234.



DAILY READINGS:

<https://bible.usccb.org/daily-bible-reading>

You can listen to or read the readings, and watch a reflection video. You can also sign up to get the readings emailed to you every morning.



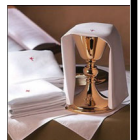
THE MASS NEVER ENDS—IT MUST BE LIVED!

We are invited to continue to reflect upon the Gospel reading (John 13:31-35) and homily as we live out our Eucharist this week. Reflect upon it in your heart and mind, and discuss it with your family, friends and faith community members.

- Think of a time when you were impressed by how people really loved one another. How could you tell that they loved one another? How did that encounter make you feel about yourself and your own life and relationships?
- Jesus basically seems to be saying that true Christianity and all its moral and theological precepts boil down to this: that we really love one another as Jesus has loved us. Our "practice of the faith" is really about our relationships with other people – do we love them as Jesus loves us? Jesus calls this "a new commandment." Is this perspective on our practice of religion new to you? Is following this "new commandment" your primary focus as you set out to live each day and your standard of evaluating the successes and failures of each day lived? How would your life be different if it were?
- There are many things that go by the name of "love," but in this gospel Jesus is defining love as how he has loved us. If we want to know what real love is, we have to see and experience how Jesus loves us. How has Jesus loved you? Based on this love of Jesus, what is love?



ALTAR LINENS: We are looking for more volunteers to help launder and iron our altar linens. This would require a one month per year commitment. Training will be provided. We need help in the month of **June (or you can split the month with someone)**. Please contact Jolene at jolene@resaptos.org or call the parish office at 688-4300 if you can assist with this ministry.



Mass Intentions for May 17—25

Saturday, 5/17

5:00 PM (RE) +Vince & Jean Rice, +Marie Mungai

Sunday, 5/18

8:15 AM (RE) +Mills Ridgway, +Michael Laflin,
+Marie Mungai

10:15 AM (RE)

The People of the Parish,
+John Feci., +Jake Bregante,
+Lloyd & Elizabeth Graff

Monday, 5/19

On-demand Morning Prayer (YouTube)

Tuesday, 5/20

8:30 AM (JP) +Skip Morrissey, +Michael Laflin,
+Mario Medrano, Sr.

Wednesday, 5/21

8:30 AM (RE) +Jackie McDow, +Marilyn
Nussbaum

Thursday, 5/22

8:30 AM (RE) +All Souls, +Michael Laflin

Friday, 5/23

8:30 AM (RE) +Lori Matusich

Saturday, 5/24

5:00 PM (RE) The People of the Parish,
+Judith O'Clair, +Bill Dwyer,
+Buddy Weber

Sunday, 5/25

8:15 AM (RE) +Frank Millang, Sr., +Marie Mungai,
+Michael Laflin

10:15 AM (RE)

+Allen Rozelle, +Dee Feci,
+Lloyd & Elizabeth Graff

Celebrants:

RE=Fr. Romeo Evangelista, JP=Fr. Joseph Paradayil

FAITH FORMATION

K-8 FAITH FORMATION

Our classes have concluded for this school year. A special thanks to all our catechists and volunteers who shared God's loving wisdom with our children! For information please contact Deacon Patrick at 831-840-3750 or dcnpatrick@resaptos.org Our 2025-2026 registration will begin in the fall. Check our website for details in late August/early September.



IS GOD CALLING YOU TO BECOME A

CATHOLIC? If you'd like to explore this possibility, please contact Deacon Patrick at 831-840-

-3750 or dcnpatrick@resaptos.org

YOUTH MINISTRY

HIGH SCHOOL CONFIRMATION (YEARS 1 & 2)

- Confirmation classes have concluded for the year. Our 2025-2026 registration will begin in the fall. Check our website for details in late August/early September.
- Contact Mrs. Gabe Summers at gabrielle@resaptos.org or 831-688-4300 x22



PLEASE PRAY for ALL THOSE in NEED OF HEALING



Carlos Raheem	Jackie Gehring	Bonnie O'Clair
Marlene Avona	Kelly Jo Hebert	Israel Plascencia
Cross/Boettcher/ Burghart families	Stephen Hedges	Heidi R. & Family
Carlie Birch	Juliet Hoskins	Pablo R.
Rick Braun	Robert Higgins	Chris, Kayla & James Randolph
Wren Buse	Rick Housouer	Mary Repetti
Mary Beth C.C. & Family	Allan Hughes	Chellie Roberts
Marion Cernac	Jeremy	Jose Rufino
John Conway	Francisco Jimenez	Scotland Settle
Tom Conway	Margaret Kain	Dita Bou Sleiman
Monica Crowley	Geri Karleen	David Smythe
Frank Dallman	Marion Kusanovich	Diane Spoto
Sharon Dallman	Clara Lauck	Henry Sprenger
Carmella Dautoff	Joan Lawlor	Bob Stegner
Nancy Daves	Franklyn Lopes, Sr.	Greg Stewart
Daniel DeMonner	Donald Lowery	Savannah Stocker
Mary Donatoni	Rob Mallard	Jim Van Lanen
Alicia Enriquez	Stacy Mariani	Beverly Viglicca
Irma Enriquez	Dan Marcus	Gina & Rita W. & Family
Lety Enriquez	Theresa Martin	Megan Walsh
Karen F.	Graham McFeely	Michael G. Walsh
Trent Feliss	John McLeod	Stephanie Walsh
Greg Finegan	Mary McMenamy	Margaret Woolever
Jennifer Fries	Oliver Mendoza	Maggie Young
Josue Garcia	Dianne Milburn	
	Emilio Escoto	
	Montagna	
	George Mungai	

If you'd like to add a name to this prayer list or need to remove a name please contact the office at resurrection@resaptos.org or call 831-688-4300.



PRAYER LINE: If someone you know is in need of prayer, please email prayerline@resaptos.org

What is the Prayer Line?

It is a place for you to let us know your prayer requests and provide more details (if you like) rather than just a name in the bulletin. The list of names in the bulletin is separate from the prayer line.

YOUNG ADULT MINISTRY

YOUNG ADULT GROUPS IN SANTA CRUZ & WATSONVILLE:

The Diocese of Monterey invites all young adults ages 18-30 to gatherings in Santa Cruz or Watsonville. Come and meet other young adults in the area. Come for one meeting or all of them!

- Holy Cross, 210 High Street, Santa Cruz on the following Tuesdays: May 20.
- St. Patrick's, 721 Main Street, Watsonville on the following Thursdays: June 5.

OUTREACH

IF YOU ARE HOSPITALIZED OR HOMEBOUND:

If you or a member of your family are hospitalized or homebound, please call to let us know. We want to visit you in the hospital or home, but are often unaware of your situation. Due to HIPAA regulations, hospitals will not contact us unless you specifically request it. In addition, if you would like to receive the Sacrament of the Anointing of the Sick please contact our office.



MEN'S GRIEF SUPPORT GROUP: If you have lost a loved one and need support, you are welcome to attend a men's discussion and grief support group. The group meets every other week at the home of Mike Moriarty here in Aptos, from 6:30 to 8:00 PM. Coffee and refreshments will be served. Those interested please contact Mike at 831-713-7636 for directions.



CARE FOR OUR COMMON HOME

We are working with other faith communities to learn how we can work together to make better choices and to advocate for better policies and practices in our region to reduce our human impact on climate change. We can all be more conscious of how our individual, daily choices either increase greenhouse gases or reduce them, and then choose to reduce them for the sake of those most vulnerable to climate change and for future generations.



GET ON THE BUS: Our parish would like to sponsor a bus full of children journeying to Soledad on August 2 to visit their Fathers who are at the Correctional Training Facility & Salinas Valley State Prison in Soledad. The cost to sponsor one bus is **about \$7,000.00. As of Thursday \$1,775.00 has been donated.** Whatever we receive will be sent to Get on the Bus even if we are unable to fund an entire bus. Donations can be made payable to Resurrection Church and can be mailed to PO Box 87, Aptos, CA 95001, or dropped in the collection. Please use one of the Outreach envelopes available on the counter above the bulletins. Please indicate that it is for "Get on the Bus". You can also go directly to our website and make an online donation. Choose Outreach and type in "Get on the Bus". Thank you for your generosity. **All donations must be received by June 15.** To see what a trip for the children look like: go to <https://www.youtube.com/watch?v=03AAhdSRTOE> and <https://www.youtube.com/watch?v=uoKuZrMidDk>



ANNOUNCEMENTS

PLEASE SUPPORT OUR BULLETIN ADVERTISERS!



This week we are giving a shout out to: PTB Services, Guadalupe Pregnancy Outreach, Hanover Guest Home. See the attached advertising page for all our advertisers. We are grateful for our advertisers continued support! Please support them and let them know you saw their ad in our bulletin!

LAST CALL FOR NEW BULLETIN ADVERTISERS!

We are now working on the new bulletin for the next quarter (July/August/September). And YES, we do have space for YOUR AD! Reasonable rates are as follows:
Grand Slam: \$455 per quarter
Home Run: \$375 per quarter
Triple: \$310 per quarter
Double: \$230 per quarter
Single: \$130 per quarter
"Memorial" space: \$230 per quarter
Payments can be electronically deducted each month or you can pay quarterly. We are happy to work with you to design an attractive and effective ad (no additional cost for this). Advertising income contributes vital funds to our parish. If you have any questions about advertising or know of a business that might be interested in advertising contact Karen Victorino, 831-688-4300 x10, karen@resaptos.org by **May 23**. Thank you for supporting our bulletin advertisers!



AN INVITATION TO DEEPEN YOUR UNDERSTANDING OF CHURCH MUSIC—"MUSIC OF THE CHURCH"

The Diocese of Monterey's Pope Francis School of Ministry is sponsoring this presentation (part one of three) exploring liturgical music during Ordinary Time, Christmas & Easter.



Title: Music of the Church-In Ordinary Time
Date & Time: Thursday, May 22 from 6:00—8:00 PM
Where: Our Lady of Refuge, Castroville
Speakers: Laura Schwingel—DMA (Director of Music & Liturgy, Carmel Mission Basilica) & Tiffany Hoffman (Basilica Organist/Pianist). Cost: \$10.00
Contact Ann Ventura at 831-645-2848 or aventura@dioceseofmonterey.org to register.

BOOK CLUB: All are welcome to join the book club on May 30 at 2:00 PM at Pacific Roasting in Aptos. We will be discussing *Humble Pie: St. Benedict's Ladder of Humility* by Carol Bonomo. According to Amazon, "Take a quick look around - politicians, entertainers, sports figures, and even our own circles of family and friends: Humble pie is not on the menu. It's a me-first society that turns pride into a virtue and humility into a vice...." Questions? Contact Maria at 831-588-7934.



VILLA MARIA DEL MAR invites you to a **Day of Reflection with Ann Naffziger**, on Monday, May 19 from 9:30 AM—3:00 PM. As we continue to live the joy of new life throughout the Easter season, come & renew your spirit in nature through scripture, reflection, conversation, and lunch. Cost is \$50.00 per person & includes lunch. To register: <https://villamariadelmar.org> or for information contact Sr. Michelle at 204-688-1785 or vmdmretreats@snjmuson.org



CAMP AUXILIUM: SUMMER ADVENTURE FOR GIRLS AGES 6-14: June 22—July 19, 2025

Camp Auxilium in Corralitos, CA offers the perfect setting for a summer of faith, friendship, and fun! Camp Auxilium is run by the Salesian Sisters with the support of camp counselors who are in high school and college. We offer all of the much desired camp activities such as arts and crafts, archery, swimming, sports, dancing and campfires! We do this in a uniquely Catholic setting which includes daily Mass, the rosary, and a Good News message each day. Girls ages 6-14 are invited to join us for day camp or residential camp. Email campauxiliumcalifornia@gmail.com for further information or go directly to the website at <https://www.salesianschool.org/summercamp> for details and registration forms.



SALESIAN BOYS SUMMER CAMP AGES 7-13: July

6—26 at Camp St. Francis, 2320 Sumner Ave, Aptos. Activities: sports, archery, beach, campfires, talent shows, mass, catechism, and so much more. For information & registration go to <https://donboscowest.org/camp-st-francis> or call 562-925-2250 ext 218 or email summercamp@salesiansf.org



A Prayer for Graduates

Loving God, we thank you for all who graduate from grade school, high school and college this time of the year. You have blessed them during their years in school with wisdom, friendships, and skills. You continue to challenge them to make this world a better place because of their education.

Help them to look forward to their next steps: continuing in their education or entering the work world. Particularly help those who are seeking employment to find a job suitable to their education.

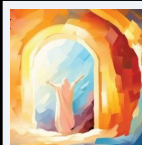
Give them faith and a sense of purpose in their next steps.

Show them how to serve others in effective ways.

And may they be always be aware in everything they do that they will find fulfillment in doing your will, that you will be with them always, and that you will bring to completion the good work you have begun in them.

Amen.

<https://www.marquette.edu/faith/prayer-for-graduates.php>



Annual Ministries Appeal (AMA) “Opening the Door to Christ”

It is a pleasure to invite you to participate in the 2025 Annual Ministries Appeal. I encourage you to consider making a meaningful gift to this year's AMA, as we continue to lift up our Catholic community throughout our Diocese. Your support maintains the ministries and parish communities that contribute to our vibrant spiritual life.

We have reached our Diocesan goal of \$40,800! Now all gifts will be returned to our parish to help us reach our total goal of \$85,000 so we can change our lighting system in the church to LED, replace the flooring inside the rectory, to help support our parish and ministries, and ongoing maintenance costs. (These were some of the projects that we wanted to do complete last year but we didn't have the funds to do them all.

You can return the envelope you received directly from the Diocese via mail to the Diocese, return it to Resurrection by placing it in the collection basket or dropping it off at the office.

You can also make an online give by going to: <https://dioceseofmonterey.org/giving> Be sure to indicate that your gift is for Resurrection.

Thank you for your generosity & prayerful response.

Bishop's Annual Ministries Appeal as of May 12, 2025

# of households participating	Amount Pledged	% of total goal
93	\$49,940	59%



GRADUATING HIGH SCHOOL SENIOR SCHOLARSHIP OPPORTUNITIES

ATTENTION COLLEGE-BOUND HIGH SCHOOL STUDENTS:

Resurrection Council of the Knights of Columbus will award a \$1000 scholarship to a qualified student who is a member of Resurrection Parish and is graduating from high school this year. **Application forms are due by June 1st**, and are available from the parish office, parish website (www.resurrection-aptos.org, under Resource Center, under Events) and from Larry Young, 831-818-5083, lyoungaptos@gmail.com.



\$1,000.00 SCHOLARSHIP



Are you an **Aptos High senior... a Catholic...**going on to higher education...interested in a **\$1,000.00** scholarship from the Italian Catholic Federation? If your answer is yes, contact Dottie at 831-254-7168 by **June 1st**.

WHAT'S HAPPENING THIS WEEK:

Sunday, 5/18

- Idaho Mission Trip speaker/fundraiser after mass
- 10:15 AM—11:30 AM Children's Liturgy of the Word (CCR)
- 11:30 AM Idaho Mission Trip Meeting/Clean Up (YC & outside)

Monday, 5/19

- 12:00 PM—2:00 PM Women's Guild Luncheon (Scholarship/Installation) (Aptos Library)

Tuesday, 5/20

- 7:30 PM—8:30 PM OCIA (DMC)

Wednesday, 5/21

- 9:15 AM—12:30 PM Welcoming Network Food Distribution (church entrance)

Thursday, 5/22

- 11:30 AM—12:15 PM Seated Tai Chi (church entrance)
- 1:00 PM—1:45 PM Standing Tai Chi (church entrance)

Friday, 5/23

- 9:00 AM—10:00 AM Holy Hour (DMC)

Saturday, 5/24

- 8:30 AM—9:00 AM Meditation Group (DMC)

CCR=Church Conference Room; DMC=Daily Mass Chapel
OCR=Office Conference Room; YC=Youth Center



MARKEY COMMUNITY CENTER PROJECT UPDATE 5-8-25

The insurance company approved the plans & the budget. Construction will begin soon! Once construction begins it will take a least a year. Stay tuned for further updates. We appreciate your patience and your flexibility.



IDAHO MISSION TRIP June 8—16, 2025

This year, 19 of our teens, young adults, and chaperones will be heading to Lapwai, Idaho for an annual mission trip. This will be the thirteenth year that Deborah & Hal Rovick have led our youth and made the journey via car, train, and van to help serve the Nez Perce Tribe. Over the years they have developed a relationship of trust with the native people. Our youth will be working on several projects this year. In the past, we have constructed handicap ramps for the elders of the tribe, rebuilt the Trading Post, assembled a play structure, painted homes, replaced floors and built and raised 2 shade/weather structures.

How can you help? You can participate in our trip in several ways, without leaving home!

- You can pray for the group and the people of the Nez Perce Tribe. Each workday at noon the group will be praying The Angelus.
- **You can participate in our fundraiser after the masses on May 17 & 18**, by leaving a donation and putting your name on a rock or a nail, which will be used in the projects that we will work on during our mission trip.
- You can also help sponsor one of our youth. We ask each participant to pay for part of their trip. They pay \$500. The actual cost to send one person last year was \$700. Donation envelopes are available on the counter above the bulletins.
- You may also make an online donation on our website by going to <https://resurrection-aptos.org> and click "Donate Now" and choose "Idaho Mission Trip".

Thank you for supporting this mission trip!

Find us on Instagram

Our handle is: [resaptos](https://www.instagram.com/resaptos)

Or search for Resurrection Church



SANTA CRUZ CHORALE Christian Grube, Conductor and Artistic Director

*Giovanni Pierluigi Da Palestrina
Missa Papae Marcelli*

Holy Cross Church, 123 High Street, Santa Cruz
Saturday, May 17 at 8:00 pm
Sunday, May 18 at 4:00 pm

Tickets: General \$30, Seniors \$25, Students \$5
<https://santacruzchorale.org/tickets>

Stewardship of Treasure PLATE COLLECTION May 10 & 11, 2025	
Weekly Plate Collection: • All Masses/Mailed In • Electronic • Total	\$4,351.00 \$2,781.00 \$7,132.00
Weekly Plate Collection Need (Budget)	\$12,140.00
Plate Collection Average Fiscal YTD	\$11,857.00

THANK YOU FOR YOUR FAITHFUL SUPPORT!



Your donation can be mailed to the parish office at
P.O. Box 87, Aptos, CA 95001-0087
or securely via our website
<https://resurrection-aptos.org>, click on "Donate Now"
or click on the QR Code to the left.
Thank you!!!

Santa Cruz Shakespeare 2025 Summer Festival

- **A Midsummer Night's Dream, July 16, 8:00 PM preview:** Perhaps, the greatest comedy ever written. Midsummer is a perfect evening of theatre, filled with magic, love, and wild laughter. In a moonlit forest fleeing lovers and earnest workmen stumble into a fairy kingdom. Hijinks ensue, but by morning, all is set aright.
- **Pericles, Prince of Tyre, July 29, 2:00 PM preview:** Shakespeare's rarely performed late romance follows Prince Pericles' incredible journey through multiple kingdoms, a love affair and a shipwreck. Then some fourteen years later, Pericles' daughter, Marina, must survive her own trials until she is finally reunified with her father and her miraculously reborn mother.
- **Details:** For the 8:00 PM evening preview we will meet in the Resurrection's youth center at 5:00 PM for a pre-play discussion, and then at 6:00 PM carpool to the Audrey Stanley Grove for a picnic supper. For the 2:00 PM matinee preview we will meet at 11:00 AM in Resurrection's youth center for a pre-play discussion, and then at 12 noon carpool to the Audrey Stanley Grove for a picnic lunch.
- **Seating, Reservations & Payment:** Seating is reserved premier in the shade (with cushions) close to the stage. Tickets are pay what you will \$5 to \$25. To reserve your tickets, place an envelope in the collection basket with cash or check to Resurrection Church (memo: Midsummer or Pericles) **before** the June 30th deadline. For more information and to sign up contact Kevin Kolp, kkolp@comcast.net, 831-227-0865.
- **Deadline for signups is Monday, June 30th.** Don't miss out!



Senior Resource Ministry

WHAT IS SENIOR RESOURCE MINISTRY?

Our Resurrection Parish supports a Senior Resource Ministry with a volunteer coordinator, Rita Marseille. Rita can be reached at rita@resaptos.org or 831.688.4300 x 17. This Ministry exists to provide information about Senior assistance that may be available; referrals to agencies for transportation needs, or to hire someone for small repairs or caregiver services. Another resource for referrals is The Senior Network Services which is a local community nonprofit agency providing assistance to Seniors. It can be reached at 831-462-1433, the website is seniornetworkservices.org.

TAI CHI CLASSES—SEATED & STANDING

Church Entrance



SEATED Tai Chi Thursdays
11:30 AM— 12:15 PM



STANDING Tai Chi Thursdays
1:00 PM— 1:45 PM

Tai Chi Participants: Please bring a water bottle to stay hydrated during and after the class. We will provide a pitcher of water/cups and a light snack after classes.

Certified Instructor Pam Mensah invites you to come learn an easy, fun, and gentle form of tai chi. Tai Chi for Arthritis Program improves flexibility, muscular strength, balance, and fitness. Donations are welcome.

- **All participants must be vaccinated unless medically contraindicated. Masks are optional.**
- The class is free to all members of Resurrection. Participants are asked to wear loose, comfortable clothing and well-fitted shoes. **Please contact your physician FIRST, if you are unsure if you are medically able to take this class.**

Pam: pamluvschi@gmail.com or for more information about Tai Chi for Arthritis Program: <https://taichiforhealthinstitute.org/>

AGE WELL, DRIVE SMART



AGE WELL, DRIVE SMART—Tuesday, May 20 from 10:00 AM—12:00 PM, Aptos Library, Betty Leonard Community Room. Take part in the California Highway Patrol's (CHP) Age

Well, Drive Smart Senior driver education class. This class was developed to assist senior drivers, 65 years of age and older, to continue to drive safely. This is a FREE class taught by a CHP Officer and co-taught by a CHP Senior Volunteer. The curriculum addresses such topics as aging and its effects on safe driving, maintaining, good physical health, self-assessment, and more. Contact the nearest CHP Area office to confirm your class registration 831-219-0200.

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stewartsfloral.com

About the Bulletin

This advertiser page is effective April - June 2025. If you are interested in future advertising contact Karen Victorino, karen@resaptos.org, 831-688-4300, by May 15th. Information on ad rates and sizes is available at: <https://resurrection-aptos.org>

Please Support our Bulletin Advertisers


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<https://evanjcpa.com>
831-920-5273 P.O. Box 429
info@evanjcpa.com Watsonville, CA 95077

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