

# RESURRECTION

# CATHOLIC COMMUNITY

Dedicated to Growth in Christ and to the Challenges of Loving Service

#### **OFFICE HOURS**

Monday—Thursday: 8:30 am—12:30 pm;

1:30—4:30 pm by appointment **Friday**: 8:30 am—12:30 pm

#### LITURGY SCHEDULE

Monday: Morning Prayer on Demand via YouTube

**Tuesday-Friday:** Mass 8:30 am **Friday:** Holy Hour 9:00—10:00 am

Saturday: Mass 5:00 pm

**Sunday:** Masses 8:15 am & 10:15 am

(Sunday 10:15 am Mass live-streamed on Zoom &

YouTube)

#### **SACRAMENTS**

**Sacrament of Reconciliation:** By Appointment **Sacrament of Baptism:** Contact Deacon Patrick Conway to schedule a meeting and preparation classes.

**Sacrament of Marriage:** Bride & Groom must begin premarital preparation 6 months prior to date. Contact the Parish Office.

**Anointing of the Sick:** Contact the Parish Office to make an appointment

#### RESURRECTION PRAYER LINE

prayerline@resaptos.org

#### OUR LADY OF MT. CARMEL CEMETERY

Located next to the church

Contact Holy Cross Cemetery • 831-475-3222

#### **MAILING ADDRESS:**

P.O. Box 87, Aptos, CA 95001-0087

(Physical Address: 7600 Soquel Dr. Aptos)

**PHONE:** 831-688-4300

#### PARISH EMAIL:

resurrection@resaptos.org

**WEBSITE:** https://resurrection-aptos.org



## PARISH STAFF

**Pastor:** Rev. Romeo Evangelista

frromeo@resaptos.org

**Pastoral Associate:** 

Deacon Patrick Conway dcnpatrick@resaptos.org

#### Administrative Manager:

Karen Victorino karen@resaptos.org

#### Youth Minister:

Gabrielle "Gabe" Summers gabrielle@resaptos.org

#### Parish Secretary:

Jolene McFeely jolene@resaptos.org

#### **Volunteer Senior Resource Coordinator:**

Rita Marseille rita@resaptos.org

Maintenance: Jose Rufino Custodian: Leticia Enriquez

elcome! Our warmest welcome to all who celebrate with us, whether long-time residents or newly arrived. If you are not registered, please fill out this form and place in the collection basket or mail to the parish office.					
Name:		Address:			
City:	_ Zip:	Phone:		Mobile or Landline	
Email:		_□New Parishioner	☐New Address	☐New Phone Number	
☐Moving—Remove from List	Moving—Remove from List ☐Please send contribution envelopes		☐I would like to sign up for Electronic Giving		



# Welcome to Resurrection Catholic Community

# Third Sunday of Advent December 14, 2025

"Those whom the Lord has ransomed will return and enter Zion singing, crowned with everlasting joy." - Isaiah 35:10a

## **UPCOMING EVENTS**

#### **MAIN & CEMETERY PARKING LOT UPDATES:**

- The driveway to the main parking lot is closed. The only way into the main parking lot to access the offices and food pantry is on Old Dominion Court.
- To enter the church—please park in the cemetery lot—access on Soquel Drive between the cemetery & shopping center. There is a brand new pathway through the cemetery. There are 55 regular parking spots & 3 handicap spaces.
- You can park in our main lot M-F or the medical clinic (weekends only) but you will have to walk down the

sidewalk, enter the cemetery parking lot, and walk through the cemetery on the pathway.



- Watch your emails for updated information on parking.
- As a reminder please do not cross any areas that have been roped off or walk behind the fencing.

**ANGEL TREE UPDATE:** Thank you for your generous support of our Angel Tree project—our 30th year! We were able to provide gifts for 340 people. Thank you for your compassionate outreach to our sisters and brothers in need!

# **LITURGY & SPIRITUALITY**

CHRISTMAS POINSETTIAS: A poinsettia is a nice way to honor or remember a loved one this Christmas. We invite you to make a contribution to our Christmas flower fund in memory or honor of a loved one. Honors/ Memorials will be listed in an Christmas Season Bulletin.



Donation envelopes were mailed to all registered parishioners. Your envelopes can be brought to church and placed in the collection, mailed to the parish PO Box 87, Aptos, CA 95001, or dropped by the office during office hours, or you can go directly online to our website <a href="https://resurrection-aptos.org">https://resurrection-aptos.org</a>,

click on "Donate Now" and make an online donation under "Flowers". If you would like to make a donation in honor or memory of someone please type the names in the box provided on our online donation page. Additional envelopes are available on the counter in the church entrance.

## **RECONCILIATION OPPORTUNTIES**

- Fridays during Holy Hour 9:00 AM—10:00 AM
- By Appointment



# CHRISTMAS LITURGY SCHEDULE

## Wednesday, December 24 Christmas Eve

3:30 PM Christmas Carols\*
4:00 PM Family Christmas Mass\*
9:00 PM Christmas Carols
9:30 PM Christmas Eve Mass

Thursday, December 25 Christmas Day 10:00 AM Mass

Solemnity of Mary, Mother of God Thursday, January 1, 2026 10:00 am Mass

\*Live streamed

# CALLING ALL ANGELS & SHEPHERDS!

Come and help us bring the Christmas story to life at our 4:00 PM Christmas Eve Family Liturgy. We'll have a rehearsal at 9:30 AM on Saturday, December 20th



in the church. For more information, contact Deacon Patrick at (831) 840-3750 or dcnpatrick@resaptos.org

#### Find us on Instagram

Our handle is: resaptos

Or search for Resurrection Church



### LIVE STREAM LITURGY SCHEDULE

SUNDAY 10:15 AM MASS via Zoom:

https://zoom.us/j/429472279 or open the Zoom app and join Meeting 429 472 279 or via our You Tube Channel.

- **SUNDAY MASS, NIGHT PRAYER, & MONDAY** MORNING PRAYER are available On-Demand on our YouTube Channel and can be viewed or prayed at any time.
- You Tube: Resurrection Church, Aptos

#### Mass Intentions for December 13—21

Saturday, 12/13	
5:00 PM (RE)	+Vince & Jean Rice, +Patricia Noble, +Sandra Zehnder
Sunday, 12/14	
8:15 AM (RS)	+Mills Ridgway, +Steve Koonin, +Deceased Warmerdam children
10:15 AM (RE)	The People of the Parish, +Carol Musich, +Todd Schouten, +Jim Kraebber
Monday, 12/15	
On Domand	Marning Draver (VouTube)

On Demand Morning Prayer (YouTube) **Tuesday, 12/16** 8:30 AM (RS) +Kate Brogan Dibos

Wednesday, 12/17 8:30 AM (RE) All Souls, +Alex Caballero,

+Francisco Jimenez Thursday, 12/18 9:00 AM (RE) +Lori Matusich, +Mary Ann Laflin

Friday, 12/19 8:30 AM (RE) +Pauline Bolger Saturday, 12/20

**5**:00 PM (RE) The People of the Parish, +Mary Ann Laflin, +Ramon Belleza,

Scarlett Schafer (healing)

Sunday, 12/21 +Bill Warmerdam. 8:15 AM (RE)

+Barbara & Jake Van Ruiten. +Jeanne & Pete Vander Poel

10:15 AM (RE) +John Feci, +Carmella Dautoff, +Francisco Jimenez

Celebrants:

RE: Fr. Romeo Evangelista, RS=Fr. Ron Shirley

#### **DAILY READINGS:**

https://bible.usccb.org/daily-bible-reading You can listen to or read the readings, and watch a reflection video. You can also sign up to get the readings emailed to you every morning.

#### THE MASS NEVER ENDS—IT MUST BE LIVED!

We are invited to continue to reflect upon the Gospel reading (Matthew 11:2-11) and homily as we live out our Eucharist this week. Reflect upon it in your heart and mind, and discuss it with your family, friends and faith community members.

John and his disciples had to decide what they really believed about Jesus. What do you believe about Jesus?



#### PLEASE PRAY for ALL THOSE in NEED OF HEALING



Carlos Raheem Marlene Avona Lauren B. Cross/Boettcher/ **Burghart families** Carlie Birch Rick Braun Donna & Stephen Brechfeldt Wren Buse Mary Beth C.C. & Family Marion Cernac John Conway Tom Conway Monica Crowley Nancy Daves Daniel DeMonner Krystyna Derecki Mary Donatoni Alicia Enriquez Irma Enriquez Lety Enriquez Karen F. Trent Feliss Greg Finegan Jennifer Fries

Josue Garcia Jackie Gehring Dan Gibbs Kelly Jo Hebert Stephen Hedges Allegra Hiura Juliet Hoskins Robert Higgins Allan Hughes Jeremy Margaret Kain Geri Karleen Marion Kusanovich Clara Lauck Joan Lawlor Carol Lopes Franklyn Lopes, Sr. Donald Lowery Rob Mallard Stacy Mariani Dan Marcus Theresa Martin **Graham McFeely** John McLeod Mary McMenamy Oliver Mendoza Dianne Milburn Emilio Escoto

Montagna George Mungai Carol Oberle Connor Paulbitski Israel Plascencia Heidi R. & Family Pablo R. Chris, Kayla & James Randolph Mary Repetti Chellie Roberts Jose Rufino Scotland Settle Dita Bou Sleiman Diane Spoto Henry Sprenger **Greg Stewart** Jim Van Lanen Ron Victorino Beverly Vigliecca Gina & Rita W. & Family Megan Walsh Michael G. Walsh Stephanie Walsh Margaret Woolever Maggie Young

If you'd like to add a name to this prayer list or need to remove a name please contact the office at resurrection@resaptos.org or call 831-688-4300.



PRAYER LINE: If someone you know is in need of prayer, please email prayerline@resaptos.org

#### What is the Prayer Line?

It is a place for you to let us know your prayer requests and provide more details (if you like) rather than just a name in the bulletin. The list of names in the bulletin is separate from the prayer line.

- Even after John had met Jesus and recognized him as the Messiah, he still, as this passage indicates, was not sure, perhaps because Jesus turned out to be different than he expected. Do you ever wonder if all the things you believe about Jesus are really true? Does the disbelief of others challenge you?
- Jesus said that the signs of his messiahship were that the blind see, the lame walk, lepers are cleansed, the deaf hear, the dead are raised and the poor have good news proclaimed to them. What does this tell you about what Jesus wants to do in your life? And what does it say to you about how you are to be "Christ for others?"

### FAITH FORMATION

**REGISTRATION FOR FAITH FORMATION (Grades 1-**12) (including First Eucharist & Confirmation) For information please contact Deacon Patrick at 831-840-3750 or dcnpatrick@resaptos.org

MIDDLE SCHOOL (Grades 6-8): The next meeting will be on Sunday, December 14 at 11:30 AM.

IS GOD CALLING YOU TO BECOME A CATHOLIC? If you'd like to explore this possibility, you are welcome to attend our Catholic Information Nights, Tuesday evenings at 7:00 PM in the Weekday Mass Chapel through November 18th. For more information please contact Deacon Patrick at 831-840-3750 or dcnpatrick@resaptos.org

# **YOUTH MINISTRY**

#### **HIGH SCHOOL CONFIRMATION (YEARS 1 & 2)**

- Confirmation Year 1 next meeting is Sunday, January 25 beginning with the 10:15 AM mass continuing in the Youth Center from 11:30 AM until 1:00 PM.
- Confirmation Year 2 next meeting is Sunday, December 14 beginning with the 10:15 AM mass continuing in the Youth Center from 11:30 AM until 1:30 PM.
- Contact Mrs. Gabe Summers at gabrielle@resaptos.org or 831-345-1545

## **OUTREACH**

#### IF YOU ARE HOSPITALIZED OR HOMEBOUND:



If you or a member of your family are hospitalized or homebound, please call to let us know. We want to visit you in the hospital or home, but are often unaware of your situation. Due to HIPAA regulations, hospitals will not contact us unless you specifically request it. In addition, if you would

like to receive the Sacrament of the Anointing of the Sick please contact our office.

MEN'S GRIEF SUPPORT GROUP: If you have lost a



loved one and need support, you are welcome to attend a men's discussion and grief support group. The group meets every other week at the home of Mike Moriarty here in Aptos, from 6:30 to 8:00 PM. Coffee and refreshments will be served. Those interested please con-

tact Mike at 831-713-7636 for directions.

FOOD PANTRY DONATIONS—We are still accepting food donations for our pantry. A list of items needed can be found on the poster near the bin in the church or the parish office. Our pantry can only except

non-perishable food that has not ex-

pired. Thank you for your continued generosity in helping us feed the most vulnerable in our community.

## **ANNOUNCEMENTS**

#### **WOMEN'S GUILD:**

#### THANK YOU FOR YOUR SUPPORT!

The Resurrection Women's Guild would like to extend our heartfelt thanks to everyone who participated in our recent Thanksgiving bake sale. Your support and generosity made this event a tremendous success with the Guild raising



over \$1900. Whether you volunteered your time, or stopped by to purchase goodies, your involvement made a difference. The funds raised from this event will go towards our annual scholarship and support other charitable causes, helping us continue our mission within the Resurrection Parish. We are sincerely grateful for your generosity.

#### **CHRISTMAS BOOK & ASSISTANCE NEEDED** HANDING THEM OUT:

As Christmas fast approaches, we wanted to let you know that Resurrection wants to give you a gift at Christmas Mass. As part of the Dynamic Catholic Christmas Book Program, every family will receive a free copy of The Forgotten

We become the books we read. There is just something powerful about a great book. Books walk and talk with us. They challenge us to grow. They are the ultimate evangelization tool.



Imagine if everyone in our parish read the same great Catholic book next year. Imagine the conversations that could lead to. Imagine the transformation that could inspire. It would be a

complete game-changer!

So remember to grab your copy of this book on Christmas. We can't wait to see the impact it has on our community!

Lastly, because we know that giving is more rewarding than receiving, we're looking for volunteers to help pass these books out at Christmas Masses. If you're interested in helping out, please reach out to Deanna and Larry Young 831-818-5093.

Thank you for all you do for this community! We hope this small gift serves you powerfully!



BOOKCLUB: We welcome you to join us on January 22, 2026 at 2:00 PM at **BOOK** Pacific Roasting in Aptos for a discussion **CLUB**, of "The Forgotten Way" which is the book that Resurrection Church will be generuusly giving its parishioners as a gift this Christmas. Questions? Feel free to con-

tact Maria at 831-588-7934.



PLEASE SUPPORT OUR BULLETIN AD-**VERTISERS!** This week we are giving a shout out to: Evan Benevento, CPA, Marzo Design & Stewart's Floral. See the attached advertising page for all our advertisers. We are grateful for our advertisers continued support! Please sup-

port them and let them know you saw their ad in our bulletin!

# NOTRE DAME HIGH SCHOOL IN SALINAS Is accepting applications for 9th-12th grade young women. Scholarships & financial assistance are availa-



ble. Notre Dame High School is a college preparatory Catholic high school for young women who seek wisdom, develop as leaders, and model Christ in service to others. Contact the school today to schedule a visit and find out what the school has to offer your child/ren. For more information con-

tact the school at 831-751-1850 or check out their website at https://notredamesalinas.org

22nd ANNUAL NEW YEAR'S EVE INTERFAITH VIGIL FOR PEACE—Steadfast in Hope: Being Peace in Troubling Times. Please join us for Prayers, Music, Labyrinth Walk and Meditation, Wednesday, December 31 from 7:30 PM—9:30 PM, Holy Cross Parish Hall, 170 High Street, Santa Cruz. Conversation with Leaders from our Local Faith Communities. For more information, email bgsangha1@gmail.com, Program Schedule go to www.sanghashanti.org All are welcome.

#### A LIFELINE FOR MARRIAGE – Retrouvaille

(pronounced retro-vi with a long i) helps couples through difficult times in their marriages. It is designed to provide the tools to help get your marriage back on track. It will give you the opportunity to rediscover each other and examine your lives together in a new and positive way. This program has helped 10's of 1000's of couples experiencing marital difficulty at all levels including disillusionment and deep misery. For confidential information about or to register for the program beginning with a weekend on January 23-25, 2026 call 831-479-1260 or email: <a href="Monterey@RetroCA.com">Monterey@RetroCA.com</a> or visit the web site at HelpOurMarriage.org

#### ANNUAL RESPECT LIFE MASS

The annual Respect Life Mass will take be celebrated on Thursday, January 22, 2026, at 7:00 pm at Madonna del Sasso Pro-Cathedral, 320 E. Laurel Dr, Salinas, CA 93906. All parishioners of the Mon-



terey Diocese are encouraged and invited to come and attend this annual mass.

#### **DONATIONS NEEDED:**

The St. Francis Catholic Kitchen is located at 205 Mora Street (new San Lorenzo Lumber). We accept clothing donations Monday – Friday from 8:00 AM—1:00 PM. We would greatly appreciate gently used men's clothing, especially:

- Men's shoes
- Men's pants
- Men's jackets
- Men's sweatshirts
- Men's T-shirts

Thank you in advance for your donations!

# MARKEY COMMUNITY CENTER PROJECT UPDATE

Electrical & heating are being worked on inside the hall and the sidewalk, breezeway, & asphalt work outside the hall. The closure of the main lot continues. The cemetery parking lot will be open for church/cemetery use only.

Follow along on Instagram.





Stewardship of Treasure PLATE COLLECTION December 6 & 7, 2025	
Weekly Plate Collection:      All Masses/Mailed In     Electronic     Total	\$3,646.00 \$7,156.00 \$10,802.00
Weekly Plate Collection Need (Budget)	\$11,907.00
Plate Collection Average Fiscal YTD	\$11,909.00

#### THANK YOU FOR YOUR FAITHFUL SUPPORT!



Your donation can be mailed to the parish office at P.O. Box 87, Aptos, CA 95001-0087 or securely via our website <a href="https://resurrection-aptos.org">https://resurrection-aptos.org</a>, click on "Donate Now or click on the QR Code to the left. Thank you!!!

# Annual \$10,000 Raffle

Our annual \$10,000 Raffle Drawing was held last Sunday, December 7. **We sold 386 tickets and raised \$38,074 for the parish**. Thank you to all who participated by selling tickets, purchasing tickets, and donating raffle prizes.



### Congratulations to our lucky winners!

- Gloria & Louis Dioszegi—\$100 Cash Prize in memory of Dee Feci (donated by Donna Feci-Cavaille)
- David & Maria Lane—\$50 Bookshop Santa Cruz & \$20 Starbucks Card (donated by Anonymous)
- Mary Repetti—\$100 Trader Joe's Gift Card (donated by Carol Laflin)
- Cindy O'Leary—\$200 in VISA gift Cards (donated by Bethel Miranda)
- Carol Laflin—Two Tickets for the Santa Cruz Symphony (donated by the Santa Cruz Symphony)
- Ruth Ingram—\$100 Trader Joe's Gift Card (donated by Sue Reichstein)
- Mary Donatoni—\$500 Cash Prize in memory of Laurie Crisalli (donated by Rocco Crisalli)
- Maria Granthom—\$100 Gayle's Bakery Gift Card (donated by Shirley Smith)
- Helen Atkins—\$500 Deluxe Foods Gift Card (donated by Deluxe Foods of Aptos)
- Danielle Dyer—\$200 Cash Prize in memory of Jess & Marty Barreras (donated by Paul & Suzanne Buse)
- Dolores Teutschel—\$100 Trader Joe's Gift Card (donated by Carol Laflin)
- Sue Reichstein—\$100 Cash in honor of Michael Sherra (donated by Michael Sherra)
- Ronald Schwartz—\$75 Bubble Lounge Gift Card in memory of Christy Avila (donated by Lidia Avelar)
- Gerald Rodriguez—\$150 Cash Prize in memory of Tim Freitas (donated by Art & Karen Freitas)
- Judy Quezada—\$100 Costco Gift Card (donated by Carol Costabile)
- Chris & Mary Perry—\$50 Woodstock Pizza Gift Card & Two \$25 Cinelux Gift Cards (donated by Paul & Suzanne Buse & Colleen O'Reilly)
- Mauro & Nori Olivieri—\$150 Cash Prize in memory of Todd Schouten (donated by Jeanette Schouten)
- Maggie Cross—Safeway Gift Card (donated by Tricia Wynne)
- Jan & Jerry Finney—Four General Admission Tickets + parking to Gilroy Gardens North Pole Nights (donated by Heather Penick)
- Cynthia Richards—\$100 Cash Prize (donated by Blanca Compoginis)
- Mary Litel Walsh—\$500 Deluxe Food Gift Card (donated by Deluxe Foods of Aptos)
- Ron Schwartz—Basket of Homemade Jams (donated by the Pozos Family)
- Pat Warmerdam—Safeway Gift Card (donated by Maggie Cross)
- Elaine Tringali—Immaculate Waters Bath & Body Basket (donated by Maggie Cross)
- Pat O'Brien—\$125 Cash Prize (donated by Greg Mahoric)
- Resurrection Church —\$10,000 (27 tickets were purchased by parishioners for the benefit of the parish. One of these was drawn. Thank you!)

# Ornament for Resurrection's Family Christmas Tree

You are invited to donate one ornament for our Family Christmas Tree which will be in the church entrance for the entire Christmas season. The ornament will be used year after year to represent your family/household. The ornament can be handmade, store-bought, or one you've hung on your own tree. Consider putting your family name on the ornament and/or the year.

A basket will be in the church entrance beginning **December 6th** or you may bring your ornament to the parish office. Please drop off your ornament by **Thursday, December 18th**.

(We started this tradition in 2019 and many of you contributed ornaments at that time—if you didn't have the chance to do so we want to make sure to represent your family this year and into the future).

## WHAT'S HAPPENING THIS WEEK:

Sunday, 12/14

- Third Sunday of Advent
- 10:15 AM—11:30 AM OCIA (CCR)
- 11:30 AM—1:00 PM Middle School (OCR)
- 11:30 AM—1:30 PM Confirmation Year 2 (YC)
- 1:30 PM—4:30 PM Italian Catholic Federation (ICF) (Mid County Senior Center Annex)

#### Wednesday, 12/17

- 9:15 AM—10:15 AM Building Meeting (OCR)
- 9:30 AM—11:30 AM AFC Assemble Gift Bags (YC)
- 12:30 PM—2:30 PM Women's Guild Luncheon (Villa Maria Del Mar)

#### Thursday, 12/18

- 9:30 AM—10:30 AM Staff Meeting (OCR)
- 11:30 AM—12:15 PM Seated Tai Chi (church entrance)
- 1:00 PM—1:45 PM Standing Tai Chi (church entrance)

#### Friday, 12/19

 9:00 AM—10:00 AM Holy Hour (DMC) & Individual Confessions (cry room)

#### Saturday, 12/20

- 8:30 AM—9:00 AM Meditation Group (YC)
- 10:00 AM—11:00 AM Christmas Eve Pageant Rehearsal (church)

CCR=Church Conference Room; DMC=Daily Mass Chapel OCR=Office Conference Room; YC=Youth Center

#### **CHRISTMAS WITH THE CHORALE**

Holy Cross Church, 123 High Street Saturday, December 20 at 8:00pm Sunday, December 21 at 4:00pm

This year, our concert opens with over-flowing joy, as we sing Sweelink's "Christus natus est"—beloved in Europe as an opening for Christmas programs. The exuberance continues with the first performance in Santa Cruz of "Run Ye Shepherds to the Light"—a work for soprano solo, choir and orchestra by Michael Haydn, Joseph Haydn's younger brother.



Among modern composers, we bring you Morten Lauridson's stunning "O Magnum Mysterium" and Arvo Pärt's world famous "Magnificat," composed for Christian Grube and his Berlin boys' choir. We also sing three pieces by Kirke Mechem, as a special tribute in honor of his 100th birthday this year.

We conclude with carols from around the world, singing joyously, "We Wish You a Merry Christmas!"

Tickets may be purchased online at <u>www.santacruzchorale.org</u> or by calling Purplepass at 1-800-316-8559



#### WHAT IS SENIOR RESOURCE MINISTRY?

Our Resurrection Parish supports a Senior Resource Ministry with a volunteer coordinator, Rita Marseille. We welcome Cleta Keller who brings a vast amount of experience and will be working in tandem with Rita. Rita can be reached at <a href="rita@resaptos.org">rita@resaptos.org</a> or 831-688-4300 x17. This Ministry exists to provide information about Senior assistance that may be available; referrals to agencies for transportation needs, or to hire someone for small repairs or caregiver services. Another resource for referrals is The Senior Network Services which is a local community nonprofit agency providing assistance to Seniors. They can be reached at 831-462-1433, or via their website which

is: seniornetworkservices.org.

#### TAI CHI CLASSES—SEATED & STANDING

**Church Entrance** 



SEATED Tai Chi Thursdays 11:30 AM— 12:15 PM



STANDING Tai Chi Thursdays 1:00 PM— 1:45 PM

Tai Chi Participants: Please bring a water bottle to stay hydrated during and after the class. We will provide a pitcher of water/cups and a light snack after classes.

Certified Instructor Pam Mensah invites you to come learn an easy, fun, and gentle form of tai chi. Tai Chi for Arthritis Program improves flexibility, muscular strength, balance, and fitness. Donations are welcome.

The class is free to all members of Resurrection. Participants are asked to wear loose, comfortable clothing and well-fitted shoes. Please contact your physician FIRST, if you are unsure if you are medically able to take this class.

Pam: <a href="mailto:pamluvschi@gmail.com">pamluvschi@gmail.com</a> or for more information about Tai Chi for Arthritis Program: <a href="mailto:https://taichiforhealthinstitute.org/">https://taichiforhealthinstitute.org/</a>

#### **TAI CHI DAYS OFF—2025/2026**

December 25, January 1 & 8

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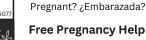
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# About the Bulletin

This advertiser page is effective October - December 2025. If you are interested in future advertising contact Karen Victorino, 831-688-4300, karen@resaptos.org, by November 15th. Information on ad rates and sizes is available at: https://resurrection-aptos.org

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Anyone can report abuse (831) 454-4

(831) 454-4101

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Established in 1966 as a mission of St. Joseph's of Capitola, Resurrection officially became its own parish in the Diocese of Monterey in 1968.

Resurrection serves over 1000 families in the greater Aptos area and hosts many Catholic families who visit the beaches and resort areas of the county.

We strive to be a community of faith where all are welcomed, nourished, and empowered to be Christ for others.

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FRIDAY NIGHTS DURING SUMMER SATURDAY NIGHTS DURING THE SCHOOL YEAR DOORS OPEN AT 4 PM | FIRST CALL AT 5 PM ST. FRANCIS HIGH SCHOOL GYM 2400 E. LAKE AVE. | WATSONVILLE