

Fr. Romeo Evangelista Homily
Sunday, June 7, 2026
Most Holy Body and Blood of Christ
Cycle A

When people hear the word ‘miracle’, they usually think of extraordinary events. A blind person regaining sight. A sick person suddenly recovering. A seemingly impossible situation turning around. And rightly so. These are miracles. But if we are honest, many of us spend our lives waiting for God to change our circumstances. “Lord, solve this problem.” “Lord, remove this burden.” “Lord, heal this illness.” There is nothing wrong with such prayers.

But today’s feast invites us to think about a different kind of miracle. Perhaps the greatest miracle is not when God changes our circumstances. Perhaps the greatest miracle is when God changes us. That is the miracle of the Eucharist.

In today’s gospel passage, Jesus says: “Whoever eats my flesh and drinks my blood remains in me and I in him.” That is a profound promise: “*I will remain in you.*” The Eucharist is not primarily about changing our external situation. It is about changing our interior condition. It is about transforming the human heart. And that miracle may be the one we need most.

Think about it: The greatest problems in our world are not merely economic nor political nor cultural nor technological. At their deepest level, they are problems of the human heart – pride, greed, hatred, jealousy, indifference, selfishness, fear. The world suffers because hearts need conversion. And

Christ comes in the Eucharist precisely to transform hearts. Every Communion is an invitation to let Christ live more fully within us. The Eucharist slowly teaches us to love differently. To think differently. To see differently. To act differently.

The Eucharist changes us from within. That is why the saints loved the Eucharist so deeply. They understood that holiness is not something we accomplish by our own strength. It is something Christ accomplishes in us. In Holy Communion, we receive not merely grace, but the Giver of Grace Himself. Not merely blessings, but Christ Himself. And wherever Christ enters, transformation becomes possible.

The Eucharist *forms* us: Christ patiently shapes our minds and hearts, teaching us how to think, love, and live like Him. The Eucharist *transforms* us: It gives us new priorities, new values, new ways of loving and serving. And the Eucharist *sends* us: For transformed people become instruments of transformation.

God never changes us simply for our own benefit. He changes us so that others may encounter Him through us. Imagine what would happen if every Catholic truly allowed the Eucharist to transform them. What change could they bring to our world today? The Eucharist changes more than bread and wine. It changes people – and changed people change the world.

The Church's mission does not begin with programs. It begins with transformed disciples: people whose hearts have been changed by Christ, whose lives reveal the presence of Christ, and who become living extensions of the Eucharist they receive.

Today's feast challenges us to ask: Am I allowing the Eucharist to change me?" Am I becoming more patient? More humble? More generous? More forgiving? More loving? For the greatest miracle of the Eucharist is not only that bread and wine become the Body and Blood of Christ. The greatest miracle is that ordinary people, little by little, become more like Christ.